

# CrossCup

Gent, October 21th 2018, BEL

MAF - Masters  
DAmes / Master  
Femme -  
1000+1500+3000

Details

## 1. n°5 AVMO1

0:18:50

0:03:25 17.514

Pos	Nr	Licence	Name	Year	Club	#1	#2	#3	Time	Dst	TKm	Moy
2.	5/1	3491	D'HONDT NATHALIE	1973	MAF-VAL-AVMO	0:03:32			0:03:32	1000m	0:03:32	16.937
1.	5/2	3830	NOBUS Melissa	1983	MAF-VAL-AVMO	0:05:04			0:05:04	1500m	0:03:23	17.722
1.	5/3	3801	VANNESTE CHARLINE	1983	MAF-VAL-AVMO	0:04:57	0:05:15		0:10:13	3000m	0:03:24	17.611

## 2. n°17 VIKING RUNNING TEAM 1

0:19:22

0:03:31 17.029

Pos	Nr	Licence	Name	Year	Club	#1	#2	#3	Time	Dst	TKm	Moy
3.	17/1	3101	ANDRIES LINDA	1976	MAF-VAL-RIEM	0:03:40			0:03:40	1000m	0:03:40	16.306
2.	17/2	3766	DE RYCKE Nadia	1972	MAF-VAL-RIEM	0:05:06			0:05:06	1500m	0:03:24	17.591
2.	17/3	3397	BRUGGEMAN PETRA	1980	MAF-VAL-RIEM	0:05:06	0:05:28		0:10:34	3000m	0:03:31	17.009

## 3. n°11 AZW-TMD LADIES

0:19:35

0:03:33 16.842

Pos	Nr	Licence	Name	Year	Club	#1	#2	#3	Time	Dst	TKm	Moy
1.	11/1	3930	GOESAERT AUDREY	1983	MAF-VAL-AZW	0:03:26			0:03:26	1000m	0:03:26	17.397
3.	11/2	3034	PARMENTIER Ann	1979	MAF-VAL-AZW	0:05:12			0:05:12	1500m	0:03:28	17.278
4.	11/3	3609	RYNGAERT MAAIKE	1979	MAF-VAL-AZW	0:05:06	0:05:49		0:10:56	3000m	0:03:38	16.460

## 4. n°23 VAC MASTERS VROUWEN

0:20:01

0:03:38 16.486

Pos	Nr	Licence	Name	Year	Club	#1	#2	#3	Time	Dst	TKm	Moy
7.	23/1	3475	BIEREBEECK KRISTIEN	1964	MAF-VAL-VAC	0:03:53			0:03:53	1000m	0:03:53	15.427
5.	23/2	3322	VAN CAUWELAERT Karlien	1981	MAF-VAL-VAC	0:05:16			0:05:16	1500m	0:03:31	17.047
3.	23/3	2992	VAN MAELE HEIDI	1978	MAF-VAL-VAC	0:05:15	0:05:35		0:10:50	3000m	0:03:36	16.592

## 5. n°3 AC HERENTALS 1

0:20:25

0:03:42 16.156

Pos	Nr	Licence	Name	Year	Club	#1	#2	#3	Time	Dst	TKm	Moy
5.	3/1	3526	DROUARD WENDY	1976	MAF-VAL-ACHL	0:03:45			0:03:45	1000m	0:03:45	15.952
7.	3/2	3543	DROUARD Sandy	1974	MAF-VAL-ACHL	0:05:26			0:05:26	1500m	0:03:37	16.537
5.	3/3	3743	VAN MALDEGHEM KRISTEL	1976	MAF-VAL-ACHL	0:05:21	0:05:51		0:11:13	3000m	0:03:44	16.039

## 6. n°26 ACP MAS DAMES

0:20:44

0:03:46 15.915

Pos	Nr	Licence	Name	Year	Club	#1	#2	#3	Time	Dst	TKm	Moy
10.	26/1	3771	DECREM Laetitia	1975	MAF-VAL-ACP	0:04:00			0:04:00	1000m	0:04:00	14.982
4.	26/2	3769	VAN DEN BOSSCHE Cindy	1977	MAF-VAL-ACP	0:05:16			0:05:16	1500m	0:03:30	17.079
6.	26/3	3844	GEEROMS Kristel	1983	MAF-VAL-ACP	0:05:29	0:05:57		0:11:27	3000m	0:03:49	15.707

## 7. n°24 Z.A.LADY'S

0:20:52

0:03:47 15.803

Pos	Nr	Licence	Name	Year	Club	#1	#2	#3	Time	Dst	TKm	Moy
8.	24/1	2833	DE GEYTER CAROLINE	1967	MAF-VAL-ZA	0:03:53			0:03:53	1000m	0:03:53	15.392
6.	24/2	3107	VERCRUYSSSEN Anneleen	1982	MAF-VAL-ZA	0:05:25			0:05:25	1500m	0:03:36	16.604
8.	24/3	3022	HEYMANS KIRSTEN	1979	MAF-VAL-ZA	0:05:37	0:05:56		0:11:33	3000m	0:03:51	15.565

## 8. n°15 KAC LEBBEKE 2

0:21:15

0:03:51 15.529

Pos	Nr	Licence	Name	Year	Club	#1	#2	#3	Time	Dst	TKm	Moy
6.	15/1	3790	SAERENS ILSE	1979	MAF-VAL-LEBB	0:03:51			0:03:51	1000m	0:03:51	15.560
15.	15/2	2937	DIERICKX Sofie	1980	MAF-VAL-LEBB	0:05:44			0:05:44	1500m	0:03:49	15.689
10.	15/3	3789	PLAS LIESBETH	1983	MAF-VAL-LEBB	0:05:46	0:05:52		0:11:39	3000m	0:03:53	15.441

## 9. n°21 VIKING RUNNING TEAM 4

0:21:30

0:03:54 15.342

Pos	Nr	Licence	Name	Year	Club	#1	#2	#3	Time	Dst	TKm	Moy
9.	21/1	3765	BUYSSE SOFIE	1977	MAF-VAL-RIEM	0:03:59			0:03:59	1000m	0:03:59	15.013
14.	21/2	3510	EVERAERT Nel	1981	MAF-VAL-RIEM	0:05:42			0:05:42	1500m	0:03:48	15.753
11.	21/3	3818	VANBOSSCHE MARIJKE	1977	MAF-VAL-RIEM	0:05:42	0:06:05		0:11:47	3000m	0:03:55	15.255

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h

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Details

## 10. n°20 AVLO DAMES

0:21:34

0:03:55

15.290

Pos	Nr	Licence	Name	Year	Club	#1	#2	#3	Time	Dst	TKm	Moy
4.	20/1		VERMEULEN Wendy	1979	MAF-AVLO	0:03:42			<b>0:03:42</b>	1000m	0:03:42	16.186
13.	20/2		BEIRNAERT Kathleen	1971	MAF-AVLO	0:05:42			<b>0:05:42</b>	1500m	0:03:48	15.772
14.	20/3		ZAMAN Els	1983	MAF-AVLO	0:05:57	0:06:13		<b>0:12:10</b>	3000m	0:04:03	14.792

## 11. n°18 VIKING RUNNING TEAM 2

0:21:44

0:03:57

15.180

Pos	Nr	Licence	Name	Year	Club	#1	#2	#3	Time	Dst	TKm	Moy
16.	18/1	3857	DE ROO LORE	1982	MAF-VAL-RIEM	0:04:09			<b>0:04:09</b>	1000m	0:04:09	14.424
16.	18/2	3779	VAN CAMPENHOUT Veerle	1975	MAF-VAL-RIEM	0:05:44			<b>0:05:44</b>	1500m	0:03:49	15.680
12.	18/3	3775	LEUNE YELVA	1978	MAF-VAL-RIEM	0:05:45	0:06:04		<b>0:11:50</b>	3000m	0:03:56	15.204

## 12. n°8 AVR

0:21:47

0:03:57

15.144

Pos	Nr	Licence	Name	Year	Club	#1	#2	#3	Time	Dst	TKm	Moy
21.	8/1		MAGIERA Bronia	1971	MAF-VAL-AVR	0:04:30			<b>0:04:30</b>	1000m	0:04:30	13.320
10.	8/2		HINDRYCKX Hilde	1976	MAF-VAL-AVR	0:05:38			<b>0:05:38</b>	1500m	0:03:45	15.969
9.	8/3		DEJAEGHERE Sabine	1966	MAF-VAL-AVR	0:05:44	0:05:55		<b>0:11:39</b>	3000m	0:03:53	15.450

## 13. n°6 AVMO2

0:22:07

0:04:01

14.915

Pos	Nr	Licence	Name	Year	Club	#1	#2	#3	Time	Dst	TKm	Moy
12.	6/1	2923	HASPELAGH CHARLOTTE	1962	MAF-VAL-AVMO	0:04:05			<b>0:04:05</b>	1000m	0:04:05	14.679
8.	6/2	2928	VAN COILLIE Els	1968	MAF-VAL-AVMO	0:05:29			<b>0:05:29</b>	1500m	0:03:39	16.365
16.	6/3	3493	DEFOORT SAARTJE	1978	MAF-VAL-AVMO	0:05:55	0:06:37		<b>0:12:32</b>	3000m	0:04:10	14.356

## 14. n°1 RIWA 2

0:22:33

0:04:06

14.630

Pos	Nr	Licence	Name	Year	Club	#1	#2	#3	Time	Dst	TKm	Moy
17.	1/1	2734	BLAISE FRANÇOISE	1968	MAF-LBFA-RIWA	0:04:20			<b>0:04:20</b>	1000m	0:04:20	13.802
24.	1/2	2761	BRUI Barbara	1976	MAF-LBFA-RIWA	0:06:44			<b>0:06:44</b>	1500m	0:04:29	13.349
7.	1/3	2735	SEMLALI ZAÏNA	1969	MAF-LBFA-RIWA	0:05:36	0:05:51		<b>0:11:27</b>	3000m	0:03:49	15.698

## 15. n°9 AVT 1

0:22:38

0:04:06

14.579

Pos	Nr	Licence	Name	Year	Club	#1	#2	#3	Time	Dst	TKm	Moy
18.	9/1		VANDORMAEL MARIE-JEANNE	1964	MAF-VAL-AVT	0:04:22			<b>0:04:22</b>	1000m	0:04:22	13.732
20.	9/2		STERKEN Renata	1964	MAF-VAL-AVT	0:06:08			<b>0:06:08</b>	1500m	0:04:05	14.641
13.	9/3		SCHOOF NATASCHA	1977	MAF-VAL-AVT	0:06:04	0:06:02		<b>0:12:07</b>	3000m	0:04:02	14.853

## 16. n°12 FLAC MASV01

0:22:44

0:04:08

14.514

Pos	Nr	Licence	Name	Year	Club	#1	#2	#3	Time	Dst	TKm	Moy
13.	12/1	2789	DELVA EVELYNE	1974	MAF-VAL-FLAC	0:04:06			<b>0:04:06</b>	1000m	0:04:06	14.617
18.	12/2	3042	VANDERMARLIERE Liesbeth	1979	MAF-VAL-FLAC	0:05:56			<b>0:05:56</b>	1500m	0:03:57	15.164
17.	12/3	2788	VAN INSBERGHE LUTGART	1963	MAF-VAL-FLAC	0:06:10	0:06:31		<b>0:12:41</b>	3000m	0:04:13	14.177

## 17. n°16 KAC LEBBEKE 3

0:23:04

0:04:11

14.303

Pos	Nr	Licence	Name	Year	Club	#1	#2	#3	Time	Dst	TKm	Moy
24.	16/1	3874	RAEYMAEKERS LUT	1965	MAF-VAL-LEBB	0:04:34			<b>0:04:34</b>	1000m	0:04:34	13.135
9.	16/2	3784	DIERCKENS Eva	1976	MAF-VAL-LEBB	0:05:36			<b>0:05:36</b>	1500m	0:03:44	16.027
18.	16/3	3796	KATLIJN D'HONDT	1977	MAF-VAL-LEBB	0:06:01	0:06:51		<b>0:12:53</b>	3000m	0:04:17	13.965

## 18. n°22 ROBA LADY'S

0:23:13

0:04:13

14.206

Pos	Nr	Licence	Name	Year	Club	#1	#2	#3	Time	Dst	TKm	Moy
11.	22/1		DE VRIES RITA	1957	MAF-VAL-ROBA	0:04:04			<b>0:04:04</b>	1000m	0:04:04	14.699
12.	22/2		VAN GOIDSENHOVEN Diziana	1974	MAF-VAL-ROBA	0:05:42			<b>0:05:42</b>	1500m	0:03:48	15.782
23.	22/3		ALEN GREET	1967	MAF-VAL-ROBA	0:06:34	0:06:52		<b>0:13:26</b>	3000m	0:04:28	13.387

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h

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MAF - Masters  
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1000+1500+3000

Details

## 19. n°19 VIKING RUNNING TEAM 3

0:23:19

0:04:14

14.151

Pos	Nr	Licence	Name	Year	Club	#1	#2	#3	Time	Dst	TKm	Moy
15.	19/1	3508	VAN HECKE Hilde	1973	MAF-VAL-RIEM	0:04:09			<b>0:04:09</b>	1000m	0:04:09	14.436
21.	19/2	3103	DE VOS Joke	1978	MAF-VAL-RIEM	0:06:15			<b>0:06:15</b>	1500m	0:04:10	14.366
20.	19/3	3509	DE ROOSE Christine	1968	MAF-VAL-RIEM	0:06:33	0:06:20		<b>0:12:53</b>	3000m	0:04:17	13.955

## 20. n°2 ACG-FLAMES

0:23:21

0:04:14

14.131

Pos	Nr	Licence	Name	Year	Club	#1	#2	#3	Time	Dst	TKm	Moy
19.	2/1	3867	MERCKAERT KATHLEEN	1973	MAF-VAL-ACG	0:04:22			<b>0:04:22</b>	1000m	0:04:22	13.704
23.	2/2	3850	VERMEERSCH Lieve	1964	MAF-VAL-ACG	0:06:31			<b>0:06:31</b>	1500m	0:04:21	13.783
15.	2/3	3736	DE BOCK HILDE	1972	MAF-VAL-ACG	0:06:08	0:06:18		<b>0:12:26</b>	3000m	0:04:08	14.464

## 21. n°7 AVMO3

0:23:22

0:04:15

14.117

Pos	Nr	Licence	Name	Year	Club	#1	#2	#3	Time	Dst	TKm	Moy
22.	7/1	2922	GEEROLF CHRISTA	1961	MAF-VAL-AVMO	0:04:32			<b>0:04:32</b>	1000m	0:04:32	13.196
17.	7/2	2985	DEYPERE Petra	1971	MAF-VAL-AVMO	0:05:48			<b>0:05:48</b>	1500m	0:03:52	15.513
21.	7/3	3691	DE BRABANDERE HILDE	1977	MAF-VAL-AVMO	0:06:19	0:06:41		<b>0:13:01</b>	3000m	0:04:20	13.818

## 22. n°13 AC GRIM MASTERS

0:23:36

0:04:17

13.976

Pos	Nr	Licence	Name	Year	Club	#1	#2	#3	Time	Dst	TKm	Moy
14.	13/1	2741	DE GROEF ANSJE	1979	MAF-VAL-GRIM	0:04:08			<b>0:04:08</b>	1000m	0:04:08	14.459
11.	13/2	2756	PERPEET Sabrina	1978	MAF-VAL-GRIM	0:05:39			<b>0:05:39</b>	1500m	0:03:46	15.910
24.	13/3	3339	VAREMAN MARLEEN	1967	MAF-VAL-GRIM	0:06:40	0:07:07		<b>0:13:48</b>	3000m	0:04:36	13.039

## 23. n°14 KAC LEBBEKE 1

0:23:50

0:04:20

13.838

Pos	Nr	Licence	Name	Year	Club	#1	#2	#3	Time	Dst	TKm	Moy
20.	14/1	3872	DUVIVIER ELS	1960	MAF-VAL-LEBB	0:04:29			<b>0:04:29</b>	1000m	0:04:29	13.343
19.	14/2	3783	DE RIDDER Ilse	1972	MAF-VAL-LEBB	0:06:07			<b>0:06:07</b>	1500m	0:04:05	14.678
22.	14/3	3484	SCHOLIERS HILDE	1962	MAF-VAL-LEBB	0:06:22	0:06:50		<b>0:13:13</b>	3000m	0:04:24	13.618

## 24. n°10 AVT 2

0:23:50

0:04:20

13.837

Pos	Nr	Licence	Name	Year	Club	#1	#2	#3	Time	Dst	TKm	Moy
23.	10/1		COEMANS CAROLINE	1970	MAF-VAL-AVT	0:04:33			<b>0:04:33</b>	1000m	0:04:33	13.160
22.	10/2		SORRENTINO Nicoletta	1963	MAF-VAL-AVT	0:06:23			<b>0:06:23</b>	1500m	0:04:15	14.069
19.	10/3		GEERITS ELS	1960	MAF-VAL-AVT	0:06:18	0:06:34		<b>0:12:53</b>	3000m	0:04:17	13.960

## DNS n°4 ASV OUDENAARDE

Pos	Nr	Licence	Name	Year	Club	#1	#2	#3	Time	Dst	TKm	Moy
DNS	4/1	3344	VERDONCKT GREET	1973	MAF-VAL-ASVO					1000m		
DNS	4/2	3361	VANHESSCHE Hilde	1971	MAF-VAL-ASVO					1500m		
DNS	4/3	3455	VAN LINDEN VEERLE	1976	MAF-VAL-ASVO					3000m		

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h