

Antwerp Ironman 70.3

Antwerp, August 3rd 2009, BEL

Provisional

IronSprint / Recreatief

Détails

						Swimming		Trans 1			Cycling					Trans 2			Running				Age Group		
	Pos	Nr	Name	NOC	Age	Pos	Time	Pos	Time	Cum	Pos	1	2	Time	Cum	Pos	Time	Cum	Pos	Time	Total	Gap	Rank	Name	City
#1	1.	2461	DE GRAAF Frank	NED	28	6	10:03	3	2:10	6	2	14:33	14:16	28:50	2	7	1:55	2	5	18:16	1:01:15		1 H24	AMSTERDAM	
#1	2.	2451	AMEYE Joeri	BEL	17	1	8:38	10	2:19	1	11	14:49	15:07	29:56	1	6	1:54	1	8	19:03	1:01:52	+0:36	1 H16	TIELT	
#1	3.	2428	RIJBORZ Bart	NED	37	9	10:16	1	1:52	4	4	14:37	14:18	28:56	3	9	1:55	3	11	19:10	1:02:10	+0:55	2 H24	AMSTERDAM	
#1	4.	2489	DESPEGHEL Frederic	BEL	18	21	11:08	6	2:13	13	25	15:27	15:05	30:33	12	2	1:46	9	3	17:43	1:03:24	+2:09	1 H18	STADEN	
#1	5.	2531	VANLEENE Wim	BEL	22	63	13:23	14	2:24	39	9	14:56	14:26	29:22	25	1	1:42	18	1	17:12	1:04:05	+2:49	1 HU23	MERKSEM (ANTWERPEN)	
#1	6.	2568	HERREMANS Frank	BEL	34	5	9:57	7	2:13	5	31	15:24	15:18	30:43	5	60	2:25	7	10	19:07	1:04:28	+3:12	3 H24	WUUSTWEZEL	
#1	7.	2477	DUYM Jelle	BEL	24	75	13:42	19	2:33	51	3	14:27	14:26	28:53	23	8	1:55	21	2	17:31	1:04:36	+3:21	4 H24	BURCHT	
#1	8.	2358	LINTERMANS Maarten	BEL	35	14	10:48	2	2:06	9	29	15:23	15:16	30:39	8	26	2:10	10	13	19:12	1:04:57	+3:42	5 H24	BOOISCHOT	
#1	9.	2504	HERREMAN Gillian	BEL	15	2	9:24	4	2:10	2	58	16:02	15:24	31:26	7	22	2:07	5	25	20:18	1:05:27	+4:12	1 M14	IZEGEM	
#2	10.	2512	F VERAMME Heidi	BEL	31	4	9:53	13	2:21	7	34	15:32	15:12	30:44	6	38	2:16	6	26	20:23	1:05:40	+4:24	1 D24	ZWIJNDRECHT	
#2	11.	2429	F VAN WELY Linda	NED	41	12	10:28	20	2:35	10	51	15:37	15:33	31:10	15	28	2:11	14	14	19:39	1:06:05	+4:49	1 D40	AMSTERDAM	
#1	12.	2300	WELLENS Dimmen	BEL	28	19	10:58	12	2:20	12	14	14:59	15:16	30:16	9	3	1:47	8	36	20:55	1:06:18	+5:02	6 H24	DEURNE (ANTWERPEN)	
#1	13.	2301	DE MEESTER Jeroen	BEL	29	49	13:03	55	2:57	42	1	13:58	14:11	28:09	13	10	1:56	11	21	20:12	1:06:18	+5:03	7 H24	RANST	
#1	14.	2303	SCHMITZ Jean-Claude	LUX	26	40	12:43	5	2:12	28	7	14:41	14:33	29:15	14	11	1:57	12	31	20:39	1:06:47	+5:31	8 H24	GONDERANGE	
#1	15.	2337	DERUYCK Bert	BEL	26	17	10:53	38	2:46	17	41	15:17	15:42	30:59	18	13	2:02	16	28	20:28	1:07:11	+5:55	9 H24	DESTELBERGEN	
#1	16.	2598	VAN MOOREBEKE Steven	BEL	26	15	10:51	44	2:51	19	13	15:05	15:05	30:11	11	32	2:13	13	49	21:20	1:07:28	+6:13	10 H24	ASSENEDE	
#1	17.	2526	MAN Karel	BEL	40	96	14:12	33	2:43	70	12	15:20	14:40	30:00	37	43	2:18	33	6	18:18	1:07:33	+6:17	1 H40	WAREGEM	
#1	18.	2571	VERBRUGGEN Tom	BEL	25	18	10:54	67	3:04	21	39	15:12	15:43	30:55	20	16	2:04	19	41	21:06	1:08:06	+6:50	11 H24	MECHELEN	
#1	19.	2543	LEMAIRE Luc	BEL	46	36	12:31	11	2:19	27	16	15:08	15:10	30:19	26	30	2:12	25	32	20:44	1:08:06	+6:51	2 H40	LINT	
#1	20.	2383	BONTE Thibault	BEL	19	25	11:22	47	2:52	24	35	15:23	15:24	30:47	22	35	2:15	23	33	20:49	1:08:08	+6:53	2 H18	SINT-MARTENS-LATEM	
#1	21.	2361	SANTERMANS Jeroen	BEL	32	22	11:16	107	3:22	26	67	15:58	15:46	31:45	30	98	2:40	31	9	19:05	1:08:10	+6:54	12 H24	BORGLOON	
#1	22.	2393	DE CAMPS Werner	BEL	28	20	11:06	37	2:46	20	48	15:44	15:22	31:07	21	71	2:29	26	40	21:04	1:08:34	+7:18	13 H24	VLEZENBEEK	
#1	23.	2471	BELLET Jean-Francois	FRA	38	115	14:41	58	2:58	100	8	14:35	14:39	29:15	35	19	2:05	30	15	19:54	1:08:54	+7:39	14 H24	SERQUES	
#1	24.	2548	HORRE Dominiek	BEL	41	29	12:02	53	2:57	31	26	15:35	15:01	30:37	28	79	2:33	28	37	20:56	1:09:07	+7:51	3 H40	HEULE	
#1	25.	2518	JESPERS Wim	BEL	34	62	13:21	59	2:58	56	22	14:26	16:00	30:27	32	162	3:07	44	12	19:11	1:09:07	+7:51	15 H24	BERINGEN	
#1	26.	2492	VAN PUTTEN Edwin	NED	22	32	12:21	26	2:39	32	24	15:33	14:59	30:32	27	12	1:59	27	51	21:38	1:09:12	+7:56	2 HU23	GOOR	
#1	27.	2344	FISCHER Sebastian	BEL	25	11	10:19	54	2:57	11	55	15:41	15:38	31:20	16	90	2:38	22	55	21:57	1:09:12	+7:57	16 H24	ANTWERPEN	
#1	28.	2345	DERUYCK Bram	BEL	30	16	10:53	34	2:45	16	43	15:18	15:42	31:00	17	15	2:04	17	71	22:39	1:09:23	+8:07	17 H24	IZEGEM	
#1	29.	2460	KEERSMAEKERS Thomas	BEL	28	105	14:23	112	3:24	104	6	14:28	14:41	29:09	39	47	2:21	36	20	20:10	1:09:29	+8:14	18 H24	ITEGEM	
#1	30.	2505	CORNELISSEN Hans	BEL	33	7	10:08	27	2:39	8	45	15:30	15:32	31:02	10	116	2:46	15	93	23:18	1:09:56	+8:40	19 H24	HEMIKSEM	
#1	31.	2551	BURMS Dane	BEL	24	13	10:47	42	2:48	15	46	15:22	15:41	31:04	19	45	2:20	20	91	23:14	1:10:15	+8:59	20 H24	WILRIJK	
#1	32.	2425	WINDEY Steven	BEL	27	137	15:14	87	3:11	122	10	14:45	14:44	29:29	46	27	2:10	46	18	20:08	1:10:15	+8:59	21 H24	ZWIJNDRECHT	
#1	33.	2445	VANHERCK Jordi	BEL	27	42	12:44	16	2:25	34	72	15:58	16:01	31:59	44	14	2:03	32	43	21:11	1:10:24	+9:09	22 H24	ANTWERPEN	
#1	34.	2348	NASSEL Dirk	BEL	39	38	12:39	92	3:14	40	81	16:00	16:06	32:07	57	52	2:23	48	17	20:03	1:10:28	+9:13	23 H24	ANTWERPEN 1	
#1	35.	2399	DU BOIS Sven	BEL	28	28	11:42	15	2:25	23	91	16:28	16:22	32:50	40	68	2:28	39	46	21:12	1:10:39	+9:24	24 H24	BRUSSEL	
#1	36.	2545	LAURYSSSEN Ivan	BEL	38	84	13:57	23	2:37	64	17	15:19	15:02	30:21	36	75	2:31	40	47	21:13	1:10:40	+9:24	25 H24	BERCHEM	
#1	37.	2454	OTTJES Marco	NED	40	116	14:41	85	3:11	107	57	15:49	15:34	31:24	75	176	3:15	78	4	18:11	1:10:45	+9:30	4 H40	OSSENISSE	
#1	38.	2366	LEWIS RODRIGUEZ Philippe	BEL	17	10	10:18	110	3:23	18	109	16:31	17:33	34:05	45	55	2:24	47	30	20:35	1:10:46	+9:31	2 H16	BRUXELLES 1	
#1	39.	2525	WEYERS Filip	BEL	42	88	14:00	100	3:19	83	28	15:26	15:11	30:38	50	83	2:35	50	24	20:15	1:10:49	+9:33	5 H40	HEUSDEN (O.-VL.)	
#1	40.	2438	SEBRECHTS Michiel	BEL	27	99	14:16	86	3:11	90	23	15:17	15:13	30:31	52	134	2:55	54	16	20:01	1:10:56	+9:40	26 H24	BOECHOUT	
#1	41.	2587	SCHAEERDER Jeroen	BEL	35	90	14:03	90	3:13	80	32	15:30	15:13	30:44	56	106	2:43	51	22	20:13	1:10:57	+9:42	27 H24	KONTICH	
#1	42.	2372	VAN HISENHOVEN Yannic	BEL	20	55	13:08	98	3:18	59	19	15:31	14:53	30:24	34	20	2:05	29	64	22:19	1:11:16	+10:01	3 HU23	BERCHEM (ANTWERPEN)	

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h

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	Pos	Nr	Name	NOC	Age	Pos	Time	Pos	Time	Cum	Pos	1	2	Time	Cum	Pos	Time	Cum	Pos	Time	Total	Gap	Rank	Name	City	
#1	43.	2541	DELEN Damien	BEL	34	126	15:02	45	2:51	108	50	15:47	15:22	31:09	68	5	1:51	55	39	21:02	1:11:58	+10:43	28	H24	MORTSEL	
#1	44.	2570	DE VET Pascal	BEL	43	50	13:04	31	2:41	38	52	16:10	15:03	31:14	42	66	2:27	41	72	22:39	1:12:07	+10:52	6	H40	WUUSTWEZEL	
#1	45.	2309	KINDERMANS Pieter Jan	BEL	22	34	12:27	133	3:37	45	71	16:44	15:13	31:58	59	154	3:04	61	44	21:12	1:12:20	+11:04	4	HU23	EREMBODEGEM	
#1	46.	2311	JONGENELEN Dennis	BEL	23	80	13:47	8	2:14	44	5	14:41	14:25	29:07	24	25	2:10	24	139	25:07	1:12:26	+11:11	5	HU23	ANTWERPEN	
#1	47.	2599	JANSSENS Philip	BEL	21	71	13:34	56	2:57	62	21	15:22	15:04	30:27	41	95	2:39	42	81	23:06	1:12:45	+11:30	6	HU23	MERKSEM	
#1	48.	2418	DE PAUW Pieter	BEL	27	8	10:12	99	3:18	14	90	15:55	16:45	32:41	29	160	3:06	37	105	23:43	1:13:03	+11:48	29	H24	OPPUURS	
#1	49.	2342	JANSSENS Peter	BEL	47	33	12:23	52	2:56	35	64	15:47	15:53	31:40	43	39	2:16	35	108	23:47	1:13:05	+11:49	7	H40	KNOKKE	
#1	50.	2370	VANDEBUSSCHE Frederik	BEL	30	121	14:55	28	2:40	97	124	16:57	17:40	34:38	104	21	2:05	97	7	18:45	1:13:05	+11:49	30	H24	ANTWERPEN	
#1	51.	2602	MORTHIER Wouter	BEL	17	122	14:56	163	3:52	133	62	15:47	15:50	31:37	90	94	2:39	82	23	20:13	1:13:19	+12:04	3	H16	EVERGEM	
#1	52.	2576	VERHAUWAERT Thomas	BEL	22	26	11:23	147	3:43	33	53	15:28	15:49	31:17	31	145	3:01	38	115	24:08	1:13:34	+12:18	7	HU23	MECHELEN	
#1	53.	2338	TRAPPENIERS Philip	BEL	29	83	13:51	35	2:46	66	54	15:57	15:21	31:19	49	133	2:54	53	77	22:50	1:13:43	+12:28	31	H24	ZELEM	
#1	54.	2464	VAN ASSCHE Tom	BEL	27	91	14:03	165	3:57	109	47	15:40	15:25	31:05	70	113	2:45	68	54	21:53	1:13:44	+12:29	32	H24	LEUVEN	
#1	55.	2537	RONSYN Dirk	BEL	31	108	14:24	68	3:04	92	20	15:17	15:09	30:27	47	195	3:28	64	65	22:20	1:13:45	+12:30	33	H24	ANTWERPEN	
#1	56.	2410	RONSYN Mark	BEL	30	101	14:20	25	2:38	72	60	15:47	15:49	31:36	63	123	2:49	63	66	22:21	1:13:45	+12:30	34	H24	ANTWERPEN	
#1	57.	2354	DIERINCK Stijn	BEL	30	97	14:12	40	2:48	73	40	15:36	15:22	30:59	53	18	2:05	45	111	23:53	1:13:58	+12:42	35	H24	NIEUWPOORT	
#1	58.	2516	DE MEUTER Erwin	BEL	52	76	13:42	130	3:34	81	63	15:32	16:07	31:40	67	186	3:22	72	52	21:44	1:14:04	+12:49	1	H50	ONZE-LIEVE-VROUW-WAV	
#1	59.	2400	DECRETON Jonas	BEL	28	166	16:09	24	2:37	132	59	15:47	15:45	31:32	85	126	2:50	84	38	21:02	1:14:11	+12:56	36	H24	RUISBROEK (BT.)	
#1	60.	2549	TAMBOEZER Jasper	NED	34	48	12:56	70	3:05	43	75	15:54	16:07	32:01	58	146	3:01	59	82	23:07	1:14:12	+12:57	37	H24	ROTTERDAM	
#2	61.	2341 F	JANSSENS Anke	BEL	16	23	11:19	36	2:46	22	117	17:20	16:56	34:17	62	84	2:36	57	95	23:19	1:14:19	+13:03	1	D16	KNOKKE-HEIST	
#1	62.	2453	VAN MEEL Lieven	BEL	35	175	16:22	57	2:57	147	37	14:59	15:49	30:49	83	29	2:11	74	59	22:05	1:14:27	+13:11	38	H24	ANTWERPEN	
#1	63.	2534	LESSELIERS Michel	BEL	35	41	12:44	29	2:40	37	56	15:20	16:03	31:23	33	64	2:27	34	145	25:19	1:14:35	+13:19	39	H24	ANTWERPEN 1	
#1	64.	2440	DE LOOF Pieter	BEL	31	141	15:19	113	3:25	129	61	15:48	15:48	31:37	88	135	2:55	87	50	21:24	1:14:42	+13:26	40	H24	MALDEGEM	
#1	65.	2498	DECLERCK Philippe	BEL	29	93	14:08	127	3:33	101	15	15:29	14:49	30:18	55	78	2:33	49	117	24:10	1:14:44	+13:29	41	H24	BRASSCHAAT	
#1	66.	2459	PEIRENS Peter	BEL	23	143	15:26	22	2:36	111	49	15:37	15:31	31:09	72	72	2:30	66	79	23:03	1:14:45	+13:30	8	HU23	EVERGEM	
#1	67.	2450	VAN DEN BERGH Berten	BEL	20	112	14:31	63	3:03	96	18	15:35	14:47	30:22	48	125	2:49	52	119	24:14	1:15:01	+13:46	9	HU23	ZANDHOVEN	
#1	68.	2371	PIETERS Maarten	BEL	24	39	12:39	166	3:57	65	74	16:12	15:48	32:00	65	177	3:17	69	83	23:09	1:15:03	+13:48	42	H24	BRUGGE	
#1	69.	2540	DE BAECKER David	BEL	33	130	15:10	93	3:15	121	66	15:55	15:49	31:44	84	33	2:14	77	75	22:42	1:15:08	+13:52	43	H24	ANTWERPEN 1	
#1	70.	2500	CARRETTE Cristoph	BEL	31	27	11:25	65	3:03	25	177	17:56	19:16	37:12	98	31	2:13	96	48	21:16	1:15:10	+13:55	44	H24	SCHILDE	
#1	71.	2437	VANDENBERGHEN Johan	BEL	31	65	13:25	66	3:03	60	82	16:10	15:58	32:08	64	157	3:05	67	102	23:40	1:15:23	+14:07	45	H24	MOLLEM	
#1	72.	2423	JORDENS Steven	BEL	27	107	14:24	50	2:54	82	98	16:03	17:12	33:16	93	74	2:31	83	66	22:21	1:15:27	+14:12	46	H24	ANTWERPEN	
#1	73.	2561	MEURISSE Luc	BEL	42	123	14:58	115	3:26	120	30	15:16	15:24	30:40	69	73	2:30	65	113	23:55	1:15:31	+14:16	8	H40	ZWEVEGEM	
#1	74.	2455	VAN DEN BOSSCHE Gert	BEL	25	163	16:05	46	2:52	138	84	15:37	16:35	32:13	96	76	2:31	93	56	22:00	1:15:43	+14:27	47	H24	BEVEREN-WAAS	
#1	75.	2496	VANDERKEILEN Peter	BEL	41	64	13:23	155	3:47	77	36	15:36	15:12	30:48	54	158	3:06	60	130	24:40	1:15:47	+14:31	9	H40	KNOKKE-HEIST	
#1	76.	2529	GUIAUX Philip	BEL	39	72	13:36	32	2:43	54	100	16:55	16:31	33:27	78	81	2:34	75	109	23:50	1:16:12	+14:57	48	H24	ANTWERPEN	
#1	77.	2485	VAN THILLO Dwight	BEL	20	194	17:19	69	3:05	174	78	16:13	15:50	32:03	106	132	2:53	105	34	20:52	1:16:15	+14:59	10	HU23	KAPELLEN (ANTW.)	
#1	78.	2510	MARYNS Frank	BEL	53	60	13:18	51	2:56	50	65	15:40	16:03	31:43	51	139	2:57	56	144	25:18	1:16:15	+15:00	2	H50	ZOMERGEM	
#2	79.	2479 F	DOMMERHOLT Agnes	NED	34	57	13:12	80	3:07	55	111	17:10	16:56	34:07	91	114	2:45	86	80	23:04	1:16:18	+15:02	2	D24	AMSTERDAM	
#1	80.	2594	PAUWELS Teun	BEL	26	206	17:48	21	2:35	173	79	16:10	15:54	32:04	107	152	3:04	111	35	20:53	1:16:26	+15:11	49	H24	BORGERHOUT	
#1	81.	2627	TACK Gregoire	BEL	31	125	15:02	83	3:10	115	42	15:29	15:30	30:59	73	165	3:08	73	121	24:22	1:16:43	+15:27	50	H24	GROOT-BUGAARDEN	
#1	82.	2314	CHANTRY Kris	BEL	31	85	13:58	49	2:53	68	70	15:56	15:58	31:55	66	48	2:21	62	156	25:39	1:16:48	+15:33	51	H24	HEESTERT	
#1	83.	2538	AHUIR Damien	BEL	32	117	14:48	116	3:26	116	69	16:07	15:40	31:47	80	185	3:22	88	96	23:26	1:16:51	+15:35	52	H24	HAUTRAGE	
#1	84.	2432	VAN AERTSELAERE Tonny	BEL	26	44	12:49	118	3:27	52	108	16:33	17:29	34:03	87	41	2:17	80	120	24:16	1:16:54	+15:38	53	H24	ANTWERPEN	

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	Pos	Nr	Name	NOC	Age	Pos	Time	Pos	Time	Cum	Pos	1	2	Time	Cum	Pos	Time	Cum	Pos	Time	Total	Gap	Rank	Name	City	
#2	85.	2367	F VAN DER SPIEGEL Helen	BEL	42	30	12:08	43	2:51	30	170	18:23	18:24	36:48	100	89	2:38	98	69	22:30	1:16:56	+15:41	2	D40	ERPS-KWERPS	
#1	86.	2588	BEELS Bruno	BEL	31	153	15:48	188	4:13	165	86	16:16	16:11	32:27	109	109	2:44	103	58	22:02	1:17:17	+16:01	54	H24	ANTWERPEN	
#1	87.	2415	VANDENVONDER Tom	BEL	34	53	13:07	74	3:06	49	33	15:43	15:00	30:44	38	110	2:44	43	187	27:41	1:17:24	+16:08	55	H24	EKEREN (ANTWERPEN)	
#1	88.	2558	WATTINE Dimitri	FRA	37	114	14:40	131	3:35	117	80	16:18	15:47	32:06	89	197	3:30	95	107	23:46	1:17:39	+16:24	56	H24	MOUVAUX	
#1	89.	2365	CLAUWAERT Thierry	BEL	35	67	13:28	175	4:02	93	94	16:13	16:45	32:58	92	149	3:03	91	116	24:09	1:17:41	+16:25	57	H24	KRUISSHOUTEM	
#1	90.	2590	VERBINNEN Bram	BEL	25	66	13:27	156	3:48	79	143	17:46	17:50	35:37	119	44	2:19	102	76	22:43	1:17:56	+16:41	58	H24	KESSEL-LO	
#1	91.	2487	VERCAMMEN Chris	BEL	40	98	14:12	61	3:01	78	38	15:33	15:16	30:49	60	142	2:58	58	176	26:59	1:18:02	+16:46	10	H40	WOMMELGEM	
#1	92.	2593	HERTOG Thomas	BEL	25	95	14:11	170	3:59	114	83	16:22	15:46	32:08	86	194	3:28	94	123	24:28	1:18:16	+17:00	59	H24	BORNEM	
#1	93.	2595	PRIMS Sven	BEL	39	51	13:05	152	3:45	67	93	16:22	16:35	32:57	79	124	2:49	79	157	25:42	1:18:19	+17:03	60	H24	DEURNE	
#1	94.	2474	HUYGEN Tim	BEL	42	158	15:55	132	3:37	154	106	16:37	17:20	33:57	126	23	2:07	114	74	22:42	1:18:20	+17:04	11	H40	MERKSEM (ANTWERPEN)	
#1	95.	2388	COOSEMANS William	BEL	41	73	13:37	150	3:44	85	68	15:55	15:50	31:45	71	179	3:18	76	159	25:59	1:18:24	+17:08	12	H40	HERENT	
#2	96.	2335	F PERPETE Kristine	BEL	38	35	12:31	169	3:58	61	113	17:01	17:08	34:09	94	111	2:44	89	138	25:04	1:18:29	+17:13	3	D24	DEURNE	
#1	97.	2539	PEETERS Stefan	BEL	35	102	14:20	124	3:31	106	126	17:54	16:47	34:41	116	183	3:21	120	73	22:39	1:18:35	+17:19	61	H24	WILRIJK (ANTWERPEN)	
#2	98.	2469	F FERYN Elise	BEL	18	52	13:06	9	2:16	36	115	16:56	17:20	34:16	77	67	2:27	70	166	26:31	1:18:39	+17:23	1	D18	OOSTDUINKERKE	
#1	99.	2387	DUMAREZ Lesley	BEL	30	59	13:16	48	2:53	48	96	16:29	16:41	33:11	76	128	2:51	71	169	26:38	1:18:51	+17:35	62	H24	BLANKENBERGE	
#2	100.	2582	F RENEMA Louise	BEL	27	118	14:50	122	3:30	118	149	18:12	17:39	35:52	134	77	2:32	135	60	22:08	1:18:54	+17:39	4	D24	ANTWERPEN	
#1	101.	2411	F VAN BOSCH Julien	BEL	52	138	15:15	143	3:40	136	123	17:14	17:21	34:35	129	166	3:08	131	62	22:17	1:18:58	+17:43	3	H50	WILRIJK (ANTWERPEN)	
#1	102.	2391	VERHELST Olivier	BEL	35	173	16:21	157	3:49	170	85	16:26	15:50	32:17	105	137	2:57	108	103	23:42	1:19:07	+17:52	63	H24	NIEL	
#1	103.	2584	WYCKMANS Wim	BEL	29	109	14:25	88	3:12	98	144	17:31	18:09	35:40	125	51	2:23	115	99	23:32	1:19:13	+17:58	64	H24	ANTWERPEN	
#1	104.	2416	F VAN BOSCH Patrick	BEL	49	165	16:08	72	3:05	143	176	19:01	18:05	37:07	163	103	2:42	158	19	20:10	1:19:14	+17:59	13	H40	ZEMST	
#1	105.	2560	VERBRUGGE Ole	BEL	28	110	14:26	139	3:39	112	181	18:41	18:43	37:24	151	4	1:48	141	61	22:10	1:19:29	+18:13	65	H24	STEENHUFFEL	
#1	106.	2349	BASTIJNS Jeroen	BEL	40	58	13:12	208	4:37	105	184	18:57	18:43	37:41	153	34	2:15	144	53	21:48	1:19:34	+18:18	14	H40	MECHELEN	
#1	107.	2559	VERBRUGGE Han	BEL	32	100	14:17	91	3:13	94	153	18:13	17:45	35:59	127	88	2:37	124	100	23:34	1:19:43	+18:27	66	H24	ANTWERPEN	
#1	108.	2491	LEPOUTRE Bob	BEL	28	46	12:54	172	4:00	69	118	16:56	17:21	34:17	97	189	3:24	100	140	25:12	1:19:50	+18:35	67	H24	ANTWERPEN	
#1	109.	2386	MERGAN Stijn	BEL	39	129	15:09	202	4:28	159	125	17:30	17:08	34:39	137	54	2:24	130	89	23:12	1:19:53	+18:37	68	H24	OPWIJK	
#1	110.	2522	ROUBERT Julien	BEL	30	131	15:11	199	4:24	157	122	17:06	17:27	34:33	132	17	2:04	127	106	23:44	1:19:58	+18:43	69	H24	ANTWERPEN 1	
#1	111.	2579	DEDRIE Jan	BEL	38	132	15:11	114	3:25	125	87	15:59	16:34	32:33	95	180	3:18	99	153	25:36	1:20:05	+18:49	70	H24	WILRIJK	
#1	112.	2524	F VAN WEVERBERG Maarten	BEL	30	128	15:08	151	3:44	135	140	17:49	17:37	35:26	143	96	2:40	138	86	23:11	1:20:11	+18:56	71	H24	ANTWERPEN	
#1	113.	2553	CHAMPENOIS David	BEL	22	106	14:23	197	4:21	128	142	17:37	17:57	35:34	142	173	3:14	143	70	22:37	1:20:11	+18:56	11	HU23	TERVUREN	
#1	114.	2324	VERSTRINGE Wim	BEL	49	161	16:02	89	3:12	144	99	16:35	16:41	33:17	114	118	2:47	104	134	24:54	1:20:13	+18:58	15	H40	EVERGEM	
#1	115.	2583	CORNELIS Frederik	BEL	29	139	15:17	184	4:09	152	95	16:51	16:11	33:03	111	155	3:04	112	129	24:40	1:20:15	+19:00	72	H24	TERNAT	
#1	116.	2351	F VAN DER VLOEDT Jan	BEL	39	145	15:30	220	4:56	176	77	16:10	15:52	32:03	108	56	2:24	101	152	25:35	1:20:29	+19:14	73	H24	ANTWERPEN	
#1	117.	2499	GUNS Yves	BEL	28	92	14:07	103	3:19	89	157	17:43	18:24	36:08	131	60	2:25	123	126	24:36	1:20:37	+19:21	74	H24	DILBEEK	
#1	118.	2589	PIESSENS Fans	BEL	41	144	15:27	125	3:32	139	44	15:20	15:42	31:02	81	187	3:23	90	184	27:26	1:20:52	+19:36	16	H40	ANTWERPEN	
#2	119.	2493	F PEETERS Mira	BEL	24	180	16:31	41	2:48	146	134	17:29	17:28	34:57	139	148	3:03	142	98	23:32	1:20:53	+19:37	5	D24	SINT-KATELIJNE-WAVER	
#1	120.	2533	DE BRANDT Stephane	BEL	34	89	14:01	148	3:43	102	166	18:14	18:19	36:33	141	49	2:22	132	122	24:23	1:21:04	+19:49	75	H24	MORTSEL	
#1	121.	2444	BUURMAN Bram	NED	43	136	15:14	211	4:42	163	89	16:23	16:16	32:40	117	223	4:06	134	128	24:39	1:21:22	+20:07	17	H40	KLOOSTERZANDE	
#1	122.	2567	VERBEECK Mike	BEL	29	147	15:31	164	3:54	150	110	17:01	17:05	34:06	130	171	3:13	136	132	24:42	1:21:29	+20:13	76	H24	HOBOKEN (ANTWERPEN)	
#1	123.	2527	SLEECKX Johan	BEL	34	167	16:10	77	3:07	145	105	17:10	16:46	33:57	124	170	3:12	128	137	25:03	1:21:30	+20:15	77	H24	WILRIJK	
#1	124.	2302	F VANHOOF Geert	BEL	33	120	14:54	78	3:07	110	175	18:27	18:36	37:04	145	93	2:39	145	110	23:51	1:21:37	+20:22	78	H24	HEVERLEE	
#2	125.	2467	F ONGHENA Sylvia	BEL	38	188	16:53	18	2:33	151	162	18:23	17:54	36:18	156	108	2:44	151	90	23:13	1:21:42	+20:27	6	D24	WILRIJK	
#1	126.	2396	PANNECOUCKE Axel	BEL	35	178	16:27	232	5:43	204	112	17:11	16:56	34:07	161	167	3:09	162	68	22:30	1:21:59	+20:43	79	H24	BLANKENBERGE	

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h

Antwerp Ironman 70.3

Antwerp, August 3rd 2009, BEL

Provisional

IronSprint / Recreatief

Détails

						Swimming		Trans 1			Cycling				Trans 2			Running				Age Group		City
	Pos	Nr	Name	NOC	Age	Pos	Time	Pos	Time	Cum	Pos	1	2	Time	Cum	Pos	Time	Cum	Pos	Time	Total	Gap	Rank	Name
#2	127.	2597	F VERHEYEN Carla	BEL	48	70	13:32	158	3:50	86	121	16:56	17:27	34:24	99	205	3:35	106	174	26:52	1:22:15	+20:59	3 D40	KAPELLE-OP-DEN-BOS
#1	128.	2424	DAELEMANS Tom	BEL	26	213	18:09	105	3:19	192	107	17:00	17:01	34:01	154	36	2:16	146	127	24:38	1:22:25	+21:10	80 H24	MORTSEL
#1	129.	2333	ANTHONI Tom	BEL	26	157	15:52	141	3:40	155	128	17:36	17:08	34:44	138	121	2:48	139	147	25:21	1:22:26	+21:11	81 H24	ANTWERPEN
#2	130.	2353	F DECORTE Lies	BEL	24	54	13:07	84	3:10	53	172	18:38	18:13	36:52	123	59	2:24	113	175	26:55	1:22:30	+21:15	7 D24	NIEUWPOORT
#1	131.	2564	VEERMAN Johan	BEL	44	170	16:16	222	4:56	190	152	17:56	18:00	35:56	170	85	2:36	166	84	23:09	1:22:57	+21:41	18 H40	HOBOKEN
#1	132.	2514	STESSELS Bart	BEL	19	152	15:45	75	3:06	134	102	16:56	16:41	33:38	110	191	3:26	121	181	27:06	1:23:03	+21:48	3 H18	BRASSCHAAT
#1	133.	2458	SUY Bart	BEL	34	77	13:42	144	3:41	88	88	15:51	16:46	32:38	82	209	3:38	92	209	29:23	1:23:05	+21:49	82 H24	WILRIJK (ANTWERPEN)
#1	134.	2468	WAUTERS Wim	BEL	40	191	16:58	215	4:44	196	154	18:02	17:58	36:01	175	151	3:03	170	63	22:19	1:23:05	+21:50	19 H40	AALST
#1	135.	2530	MOINDROT Julien	BEL	34	190	16:55	111	3:23	171	137	17:13	17:58	35:12	155	46	2:21	148	146	25:19	1:23:12	+21:56	83 H24	ANTWERPEN
#1	136.	2544	SIJSSENS Jason	BEL	26	104	14:22	226	5:05	153	163	17:51	18:27	36:19	158	107	2:43	152	131	24:40	1:23:12	+21:56	84 H24	EKEREN
#1	137.	2368	GOENS Frederik	BEL	33	154	15:49	149	3:43	156	127	17:06	17:36	34:42	136	62	2:25	133	167	26:32	1:23:14	+21:58	85 H24	BRUXELLES 2
#1	138.	2408	VAN BOSCH Tim	BEL	18	78	13:44	135	3:38	87	129	16:31	18:14	34:45	103	204	3:35	116	186	27:40	1:23:25	+22:09	4 H18	WILRIJK (ANTWERPEN)
#1	139.	2434	COECK Wesley	BEL	29	94	14:09	101	3:19	91	171	18:16	18:32	36:49	140	138	2:57	140	161	26:10	1:23:26	+22:10	86 H24	NIEL
#1	140.	2532	SCHOOF Ronald	BEL	34	201	17:33	39	2:47	172	195	18:27	19:51	38:19	183	210	3:39	193	45	21:12	1:23:32	+22:16	87 H24	NIJLEN
#1	141.	2404	VAN HAL Andy	BEL	34	193	17:18	95	3:16	180	132	17:38	17:15	34:54	150	200	3:32	157	125	24:34	1:23:36	+22:20	88 H24	ANTWERPEN
#2	142.	2473	F HAMILTON Kirstie	GBR	32	87	14:00	60	3:01	74	155	17:32	18:28	36:01	122	115	2:45	118	189	27:48	1:23:36	+22:21	8 D24	HARROGATE
#2	143.	2359	F DE VOS Caroline	BEL	34	74	13:41	119	3:27	76	174	18:42	18:21	37:04	133	58	2:24	129	179	27:05	1:23:43	+22:28	9 D24	BRASSCHAAT
#1	144.	2555	LIAGRE Geoffrey	FRA	37	148	15:36	176	4:02	160	92	16:40	16:11	32:52	113	212	3:41	126	185	27:36	1:23:49	+22:34	89 H24	HEM
#1	145.	2575	HAVERBEKE Serge	BEL	38	69	13:29	185	4:09	99	150	18:02	17:49	35:52	128	70	2:28	122	191	27:55	1:23:55	+22:40	90 H24	BRUXELLES
#1	146.	2495	PEETERS Axel	BEL	28	37	12:34	126	3:32	47	151	17:38	18:17	35:55	101	184	3:21	107	201	28:39	1:24:04	+22:48	91 H24	ANTWERPEN
#1	147.	2550	CLAES Marc	LUX	51	160	15:59	30	2:41	127	114	16:36	17:34	34:10	118	100	2:41	110	203	28:46	1:24:18	+23:03	4 H50	ESELBORN
#1	148.	2480	VAN DEN PLAS Dennis	BEL	20	168	16:12	193	4:18	177	192	19:31	18:45	38:17	184	50	2:22	174	87	23:11	1:24:23	+23:07	12 HU23	HOBOKEN (ANTWERPEN)
#1	149.	2523	VAN WATERSCHOOT Jan	BEL	35	231	20:02	162	3:52	228	160	18:04	18:12	36:16	201	37	2:16	195	57	22:00	1:24:28	+23:13	92 H24	BREDHT
#1	150.	2547	DE RIDDER Kurt	BEL	35	233	20:03	134	3:38	223	119	17:19	16:59	34:19	177	188	3:24	179	85	23:10	1:24:36	+23:20	93 H24	BUGGENHOUT
#1	151.	2377	PROIOS Taki	BEL	42	207	17:52	189	4:13	202	159	18:06	18:10	36:16	179	130	2:52	177	104	23:43	1:24:59	+23:44	20 H40	BRASSCHAAT
#1	152.	2439	DANGREAU Bernard	BEL	53	202	17:37	229	5:19	215	165	18:22	18:05	36:28	193	57	2:24	185	87	23:11	1:25:01	+23:46	5 H50	DRONGEN
#1	153.	2566	LAHOUSSE Gert	BEL	43	183	16:38	190	4:15	184	156	17:50	18:12	36:02	166	80	2:33	163	151	25:35	1:25:05	+23:50	21 H40	ANTWERPEN 1
#1	154.	2486	TACK Gunther	BEL	30	150	15:43	217	4:51	179	173	18:37	18:15	36:52	172	215	3:48	178	112	23:53	1:25:10	+23:54	94 H24	DEURNE
#1	155.	2557	LEPEZ David	FRA	32	156	15:51	183	4:09	164	158	19:03	17:12	36:16	160	53	2:23	153	170	26:40	1:25:21	+24:06	95 H24	LILLE
#1	156.	2374	MOENS Stefaan	BEL	32	31	12:19	153	3:46	46	76	15:52	16:10	32:02	61	232	4:35	81	230	32:44	1:25:29	+24:13	96 H24	MALDEGEM
#1	157.	2554	PESTOUR Jean-Pierre	FRA	35	82	13:51	76	3:06	71	189	18:33	19:39	38:12	146	199	3:31	154	173	26:48	1:25:31	+24:15	97 H24	PARIS
#1	158.	2364	VAN HOUT Koen	BEL	47	197	17:24	238	6:23	225	97	16:55	16:20	33:16	167	129	2:52	167	155	25:37	1:25:33	+24:18	22 H40	BURCHT
#1	159.	2462	DAVID Sylvain	BEL	31	217	18:26	196	4:20	212	194	19:29	18:48	38:18	210	178	3:18	207	42	21:10	1:25:34	+24:19	98 H24	BRUXELLES
#1	160.	2409	PICRIT Marc	BEL	23	187	16:52	177	4:03	186	73	15:46	16:13	32:00	120	234	4:53	147	188	27:44	1:25:34	+24:19	13 HU23	WOLUWE ST PIERRE
#1	161.	2507	VOLDERS Mike	BEL	34	200	17:28	237	6:15	224	145	18:13	17:28	35:41	194	144	3:00	194	94	23:19	1:25:45	+24:30	99 H24	ZOERSEL
#1	162.	2435	HEIJDEDAEL Dennis	NED	32	162	16:05	94	3:15	148	101	16:29	17:07	33:37	121	120	2:47	117	216	30:27	1:26:14	+24:58	100 H24	GELEEN
#2	163.	2325	F WESTDORP Ingrid	BEL	50	186	16:52	64	3:03	162	202	19:37	19:29	39:06	189	102	2:41	183	124	24:32	1:26:16	+25:01	1 D50	EVERGEM
#1	164.	2417	HEYMANS Peter	BEL	47	81	13:59	168	3:58	103	198	20:49	17:50	38:39	165	206	3:35	168	162	26:18	1:26:21	+25:06	23 H40	BRASSCHAAT
#1	165.	2378	MEEUWISSE, Tim	BEL	29	177	16:26	230	5:32	198	164	18:14	18:09	36:24	180	127	2:51	175	142	25:13	1:26:28	+25:12	101 H24	SCHOTEN
#1	166.	2405	COPPENS Johan	BEL	33	151	15:44	160	3:51	158	209	19:48	19:49	39:38	191	65	2:27	182	135	24:57	1:26:39	+25:24	102 H24	GEEL
#1	167.	2574	COLLET Luk	BEL	59	204	17:46	180	4:06	197	120	17:30	16:52	34:22	159	164	3:08	161	182	27:16	1:26:40	+25:24	6 H50	HERSELT
#1	168.	2497	BOEHME Sven	BEL	26	113	14:39	213	4:42	149	131	17:06	17:45	34:52	135	97	2:40	137	212	29:48	1:26:43	+25:27	103 H24	ANTWERPEN

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h

Antwerp Ironman 70.3

Antwerp, August 3rd 2009, BEL

Provisional

IronSprint / Recreatief

Détails

						Swimming			Trans 1			Cycling				Trans 2			Running				Age Group		
	Pos	Nr	Name	NOC	Age	Pos	Time	Pos	Time	Cum	Pos	1	2	Time	Cum	Pos	Time	Cum	Pos	Time	Total	Gap	Rank	Name	City
#1	169.	2442	DE BOECK Pieter-Jan	BEL	25	174	16:22	187	4:13	181	133	17:50	17:04	34:54	152	91	2:38	150	205	28:47	1:26:56	+25:40	104 H24	MERCHTEM	
#2	170.	2401 F	LEERMAKERS Martine	BEL	47	155	15:51	186	4:11	166	200	19:27	19:31	38:59	190	105	2:43	184	141	25:13	1:26:59	+25:44	4 D40	MECHELEN	
#1	171.	2340	BRUYNEEL Frank	BEL	38	111	14:30	182	4:08	126	104	17:08	16:45	33:53	112	208	3:38	125	220	30:51	1:27:01	+25:45	105 H24	LENDELEDE	
#2	172.	2427 F	VAUGHAN Rachel	GBR	34	149	15:40	71	3:05	131	193	19:22	18:56	38:18	168	168	3:11	169	180	27:06	1:27:22	+26:06	10 D24	PLYMOUTH	
#1	173.	2446	POPPE Peter	BEL	42	229	19:52	140	3:39	222	167	18:15	18:20	36:36	200	101	2:41	197	133	24:48	1:27:38	+26:23	24 H40	EKEREN (ANTWERPEN)	
#2	174.	2513 F	DE MEUTER Valerie	BEL	21	45	12:53	123	3:31	57	199	19:47	19:08	38:56	148	213	3:42	159	200	28:34	1:27:39	+26:23	1 DU23	ONZE-LIEVE-VROUW-WAV	
#1	175.	2350	PEETERS Nico	BEL	23	56	13:10	167	3:57	75	139	17:30	17:54	35:24	115	182	3:20	119	226	31:49	1:27:43	+26:27	14 HU23	MECHELEN	
#1	176.	2313	SIX Wim	BEL	37	215	18:12	159	3:51	200	148	18:10	17:41	35:51	176	159	3:06	173	172	26:44	1:27:46	+26:30	106 H24	ASSE	
#1	177.	2307	WOUTERS Wim	BEL	38	185	16:50	145	3:42	178	147	18:36	17:10	35:47	162	174	3:14	164	196	28:11	1:27:46	+26:30	107 H24	TREMELO	
#1	178.	2596	KEERSMAEKES Tom	BEL	28	176	16:23	228	5:15	195	168	18:25	18:12	36:38	178	218	3:55	192	154	25:37	1:27:50	+26:34	108 H24	BORGERHOUT	
#1	179.	2502	JANSSENS Ken	BEL	32	119	14:51	179	4:05	137	161	17:33	18:43	36:16	147	202	3:34	156	208	29:19	1:28:08	+26:53	109 H24	BERCHEM	
#1	180.	2581	THIELMAN David	BEL	40	212	18:06	206	4:32	211	208	19:27	20:00	39:28	215	147	3:02	208	78	23:00	1:28:10	+26:55	25 H40	SINT-NIKLAAS	
#2	181.	2577 F	WIEDEMANN Sonja	GER	31	133	15:12	104	3:19	124	215	20:03	20:14	40:17	185	99	2:40	180	178	27:00	1:28:31	+27:16	11 D24	BORSDDORF AN DER PART	
#2	182.	2414 F	DIRIX Ingrid	BEL	44	171	16:16	201	4:28	182	204	19:50	19:19	39:10	196	156	3:05	198	150	25:34	1:28:34	+27:19	5 D40	LUMMEN	
#2	183.	2565 F	VANDENDRIES Katrien	BEL	39	86	13:58	106	3:21	84	187	19:14	18:47	38:02	149	104	2:42	149	217	30:35	1:28:40	+27:25	12 D24	ANTWERPEN 1	
#2	184.	2569 F	AIT-FATH Zohra	BEL	34	134	15:13	96	3:16	123	205	19:48	19:23	39:11	174	169	3:11	171	190	27:50	1:28:44	+27:29	13 D24	LANGDORP	
#1	185.	2375	PYRA Frank	BEL	46	179	16:17	205	4:31	187	213	20:29	19:39	40:08	212	226	4:10	211	101	23:36	1:28:54	+27:38	26 H40	BERCHEM (ANTWERPEN)	
#1	186.	2572	HERMANS Roland	BEL	53	189	16:54	171	3:59	185	103	16:56	16:54	33:51	144	221	3:59	155	215	30:16	1:29:01	+27:46	7 H50	AARTSELAAR	
#1	187.	2355	HENS Andreas	BEL	22	205	17:46	109	3:23	189	203	19:04	20:02	39:06	203	136	2:56	200	160	26:00	1:29:13	+27:58	15 HU23	DEURNE	
#1	188.	2519	VERBEKE Stephen	BEL	39	198	17:27	231	5:41	217	186	18:46	19:09	37:56	209	235	5:00	217	92	23:17	1:29:23	+28:08	110 H24	WAASMUNSTER	
#1	189.	2397	DESCHEEAEMER Carl	BEL	46	192	16:58	207	4:36	193	197	19:13	19:17	38:30	199	86	2:37	196	171	26:42	1:29:25	+28:09	27 H40	MELSELE	
#1	190.	2431	DENECKER Mike	BEL	39	238	21:17	138	3:38	233	135	17:11	17:56	35:08	198	141	2:58	199	164	26:23	1:29:26	+28:11	111 H24	RONSE	
#1	191.	2488	ELSLANDER Jean-Baptiste	BEL	40	184	16:38	121	3:30	168	191	19:02	19:13	38:15	181	175	3:15	181	197	28:14	1:29:53	+28:38	28 H40	BERCHEM	
#1	192.	2421	BOGAERTS Nico	BEL	38	196	17:22	191	4:16	194	179	18:26	18:56	37:22	188	143	3:00	188	192	27:58	1:30:01	+28:45	112 H24	WILRIJK	
#1	193.	2436	DROESHAUT Danny	BEL	33	199	17:28	142	3:40	188	190	18:49	19:24	38:13	192	117	2:46	190	193	27:59	1:30:08	+28:53	113 H24	ANTWERPEN	
#1	194.	2475	FAMAAY Erik	BEL	58	209	18:00	227	5:12	218	185	18:55	18:58	37:54	211	239	5:41	219	97	23:27	1:30:15	+29:00	8 H50	BRASSCHAAT	
#2	195.	2508 F	BORGHGRAEF Rita	BEL	46	232	20:02	102	3:19	220	180	18:29	18:54	37:23	207	181	3:18	206	163	26:19	1:30:24	+29:09	6 D40	ESSEN	
#2	196.	2509 F	DAEMS Ann	BEL	34	124	15:00	173	4:01	140	225	20:42	20:54	41:37	206	119	2:47	202	177	26:59	1:30:25	+29:10	14 D24	TEMSE	
#2	197.	2515 F	MURPHY Jane	BEL	42	68	13:29	178	4:04	95	222	20:53	20:32	41:26	187	150	3:03	189	199	28:31	1:30:34	+29:19	7 D40	GROOT-BIJGAARDEN	
#2	198.	2318 F	JANSSEN Anke	BEL	43	195	17:20	128	3:33	183	182	18:36	18:54	37:31	182	214	3:46	191	198	28:25	1:30:36	+29:21	8 D40	ZANDVLIET	
#1	199.	2357	TOMBEUR Frederic	BEL	37	142	15:23	225	5:03	175	138	18:00	17:18	35:18	157	220	3:59	165	221	31:05	1:30:49	+29:34	114 H24	BRASSCHAAT	
#1	200.	2481	MOMMEN Steve	BEL	30	228	19:47	62	3:02	214	206	19:00	20:16	39:16	214	190	3:26	214	149	25:32	1:31:05	+29:49	115 H24	BERCHEM (ANTWERPEN)	
#1	201.	2536	CABONI Etienne	BEL	30	222	18:52	97	3:18	203	207	19:31	19:46	39:17	213	224	4:07	215	148	25:30	1:31:05	+29:49	116 H24	JEMAPPES	
#1	202.	2478	CHAPERON Laurent	FRA	39	221	18:47	129	3:33	206	220	20:28	20:24	40:52	219	87	2:37	216	143	25:15	1:31:07	+29:51	117 H24	COMPIEGNE	
#1	203.	2506	HOEKX Robert	BEL	48	47	12:55	136	3:38	63	141	17:34	17:55	35:29	102	192	3:26	109	237	35:44	1:31:14	+29:59	29 H40	HEVERLEE	
#1	204.	2494	VAN LAERE Nic	BEL	28	140	15:18	117	3:26	130	183	18:24	19:12	37:37	164	131	2:53	160	227	32:00	1:31:16	+30:00	118 H24	ANTWERPEN	
#1	205.	2600	VAN SCHEVENSTEEN Lenny	BEL	20	210	18:04	200	4:24	208	226	17:41	24:23	42:05	222	242	6:16	233	27	20:27	1:31:19	+30:03	16 HU23	MERKSEM	
#1	206.	2528	DE BLESER Rudy	BEL	41	135	15:13	82	3:08	119	236	22:22	23:51	46:13	223	241	6:15	232	29	20:29	1:31:20	+30:05	30 H40	BORNEM	
#1	207.	2580	DEMUYSERE Pierre	BEL	50	216	18:12	192	4:17	209	228	21:07	21:04	42:12	225	92	2:38	221	114	24:02	1:31:24	+30:08	9 H50	WATERMAEL-BOITSFORT	
#2	208.	2319 F	AARAB Rachida	BEL	38	235	20:18	81	3:08	221	201	19:32	19:28	39:00	216	122	2:49	210	165	26:26	1:31:42	+30:27	15 D24	ANTWERPEN 4	
#2	209.	2332 F	MASON Kim	GBR	33	146	15:31	146	3:43	142	211	20:17	19:27	39:44	186	140	2:57	187	224	31:14	1:33:11	+31:55	16 D24	UK	
#1	210.	2552	CHAMPENOIS Marc	BEL	50	127	15:08	224	5:00	167	178	18:13	19:02	37:15	171	231	4:28	186	225	31:45	1:33:38	+32:22	10 H50	HENNUYERES	

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h

Antwerp Ironman 70.3

Antwerp, August 3rd 2009, BEL

Provisional

IronSprint / Recreatief

Détails

						Swimming		Trans 1			Cycling				Trans 2			Running						Age Group		
	Pos	Nr	Name	NOC	Age	Pos	Time	Pos	Time	Cum	Pos	1	2	Time	Cum	Pos	Time	Cum	Pos	Time	Total	Gap	Rank	Name	City	
#1	211.	2585	LAUREYSSENS Kristof	BEL	27	169	16:15	234	6:04	205	223	20:44	20:47	41:32	220	219	3:57	222	158	25:50	1:33:40	+32:24	119	H24	ZWIJNDRECHT	
#1	212.	2591	MEEUWISSEN Chistophe	BEL	23	219	18:37	120	3:28	201	188	19:33	18:33	38:07	202	203	3:34	204	214	30:12	1:34:00	+32:44	17	HU23	HAMONT-ACHEL	
#2	213.	2308	F VERBRUGGEN Cathy	POL	42	164	16:07	174	4:01	169	214	19:38	20:39	40:17	205	193	3:27	205	213	30:09	1:34:02	+32:47	9	D40	MOGILANY	
#1	214.	2422	EEMANS Jonathan	BEL	28	225	19:15	108	3:22	210	212	19:49	20:08	39:57	217	112	2:45	213	202	28:43	1:34:05	+32:49	120	H24	DENDERBELLE	
#1	215.	2483	CLAEYS Diego	BEL	39	214	18:11	154	3:47	199	136	17:40	17:31	35:11	169	216	3:50	172	233	33:28	1:34:29	+33:14	121	H24	KRUISSHOUTEM	
#1	216.	2441	BOOSTEN Ronny	BEL	43	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	1:34:35	+33:19	31	H40	RIEMST	
#1	217.	2433	HOURTON Guy	FRA	48	182	16:36	218	4:52	191	196	19:11	19:10	38:21	195	207	3:38	203	228	32:21	1:35:50	+34:35	32	H40	ANNECY	
#1	218.	2501	THOMAS Tom	BEL	34	237	20:30	204	4:29	234	146	17:54	17:52	35:47	208	237	5:18	218	211	29:47	1:35:54	+34:39	122	H24	SCHILDE	
#1	219.	2592	AMSELLEM Benjamin	BEL	31	43	12:48	79	3:07	41	240	23:45	26:42	50:27	230	201	3:33	228	183	27:22	1:37:19	+36:04	123	H24	ANTWERPEN	
#1	220.	2407	PICRIT Philippe	BEL	22	211	18:05	212	4:42	213	130	17:23	17:24	34:48	173	211	3:39	176	238	36:04	1:37:19	+36:04	18	HU23	WOLUWE SAINT-PIERRE	
#1	221.	2334	JACOBS Andy	BEL	23	79	13:47	194	4:19	113	227	20:32	21:39	42:12	204	153	3:04	201	235	34:28	1:37:51	+36:36	19	HU23	BEVEREN-WAAS	
#2	222.	2317	F SCHWALBACH Robin	NED	16	218	18:29	203	4:28	216	230	21:34	21:33	43:08	228	42	2:18	225	210	29:43	1:38:07	+36:51	2	D16	OOSTZAAN	
#1	223.	2360	VAN DER LINDE Lukas	BEL	45	226	19:24	216	4:50	231	232	21:37	21:44	43:22	233	82	2:35	230	194	28:03	1:38:16	+37:01	33	H40	ANTWERPEN 4	
#1	224.	2403	SEVER Assim	BEL	42	-	-	-	-	240	-	33:13	-	-	-	-	-	-	209	231	33:11	1:38:22	+37:06	34	H40	OPHAIN BOIS SEIGNEUR
#1	225.	2419	JOURDIAN Emmanuel	BEL	24	-	-	-	-	241	229	21:52	21:07	43:00	236	40	2:16	236	136	25:01	1:38:25	+37:10	124	H24	BRUXELLES	
#2	226.	2484	F SEVERINS Chris	BEL	51	236	20:23	214	4:43	235	210	20:00	19:39	39:40	226	161	3:06	223	222	31:05	1:38:58	+37:43	2	D50	SCHOTEN	
#2	227.	2380	F VERWIMP Ingrid	BEL	46	230	20:00	181	4:06	229	217	20:12	20:30	40:42	227	198	3:30	224	219	30:50	1:39:10	+37:55	10	D40	WUUSTWEZEL	
#2	228.	2562	F CLAERHOUT Jili	BEL	39	240	22:54	221	4:56	239	216	20:18	20:12	40:30	234	230	4:28	235	168	26:38	1:39:28	+38:13	17	D24	ANZEGEM	
#1	229.	2384	RAEYMAEKERS Mathias	BEL	17	203	17:43	235	6:05	227	233	21:41	22:03	43:45	232	163	3:07	231	206	28:50	1:39:32	+38:17	4	H16	BORSBEEK	
#1	230.	2321	ROBEYNS Michel	BEL	46	220	18:43	236	6:06	232	221	20:12	21:04	41:17	229	233	4:50	234	204	28:46	1:39:44	+38:29	35	H40	ANTWERPEN	
#1	231.	2573	HEIDEBRECHT Dirk	GER	35	223	18:59	195	4:19	219	169	17:58	18:41	36:39	197	238	5:20	212	236	34:49	1:40:08	+38:53	125	H24	BRAUNSCHWEIG	
#1	232.	2586	VANDERBORGH Steven	BEL	25	103	14:21	210	4:41	141	237	23:59	24:30	48:29	231	63	2:27	229	218	30:46	1:40:45	+39:30	126	H24	BAZEL	
#2	233.	2395	F VAN RANST Sabine	BEL	43	172	16:20	233	6:02	207	224	20:35	20:57	41:32	221	229	4:28	226	229	32:43	1:41:07	+39:51	11	D40	ALVERINGEM	
#1	234.	2546	TRUYTS Peter	BEL	27	181	16:33	240	7:15	226	219	20:02	20:48	40:51	224	227	4:12	227	234	33:49	1:42:41	+41:26	127	H24	WIJNEGEM	
#1	235.	2376	WALEWIJNS Kris	BEL	34	208	17:55	242	12:14	244	235	22:39	22:59	45:38	238	228	4:24	240	118	24:13	1:44:27	+43:11	128	H24	BRASSCHAAT	
#2	236.	2578	F VAN HAASTERT Charlotte	NED	28	239	22:52	241	9:27	245	218	20:29	20:19	40:49	237	172	3:13	238	195	28:08	1:44:31	+43:16	18	D24	DEN HAAG	
#2	237.	2305	F JOOSEN Anne	BEL	40	159	15:56	161	3:51	161	231	21:49	21:25	43:15	218	222	4:00	220	240	38:57	1:46:01	+44:45	12	D40	BRASSCHAAT	
#2	238.	2379	F THIJS Katrien	BEL	32	234	20:14	223	4:58	236	241	25:22	25:47	51:09	240	225	4:07	241	207	28:55	1:49:25	+48:09	19	D24	BRASSCHAAT	
#2	239.	2394	F DE CAUDERLIER Kelly	BEL	26	224	18:59	239	6:23	237	234	21:52	22:48	44:41	235	240	6:03	237	239	36:07	1:52:15	+51:00	20	D24	DE PANNE	
#1	240.	2406	BURKHARDT William	BEL	21	-	-	-	-	242	239	24:00	25:43	49:43	241	69	2:28	242	232	33:20	1:54:32	+53:16	20	HU23	BRUXELLES	
#1	241.	2466	VAN GANSEN Frank	BEL	40	242	24:29	219	4:55	243	238	24:28	25:10	49:38	242	236	5:06	243	223	31:08	1:55:17	+54:01	36	H40	ANTWERPEN	
#2	242.	2556	F ANTUNES Sandra	BEL	35	241	23:26	198	4:23	238	-	27:35	-	-	-	-	-	-	-	-	1:59:16	+58:00	21	D24	BRUXELLES	
#2	243.	2542	F GOOSSENS Eva	BEL	29	227	19:29	209	4:40	230	242	25:23	26:48	52:11	239	196	3:30	239	241	41:31	2:01:23	+1:00:08	22	D24	TURNHOUT	
#1	244.	2452	SPRENGHERS Stijn	BEL	31	61	13:19	73	3:05	58	-	-	-	-	-	-	-	-	-	-	2:09:56	+1:08:41	129	H24	OLEN	
#1	DSQ	2447	WALKER David	BEL	34	-	13:51	-	3:28	-	-	16:45	16:21	33:06	-	-	3:44	-	-	13:12	1:07:23	-	-	H24	SCHOTEN	
#1	DSQ	2465	DETOBEL Robby	BEL	33	-	16:36	-	5:17	-	-	18:22	19:50	38:12	-	-	3:10	-	-	29:29	1:32:47	-	-	H24	ANTWERPEN	
#2	DSQ	2511	F LEPOUTRE Rit	BEL	30	-	14:56	-	4:08	-	-	20:58	21:52	42:50	-	-	3:23	-	-	20:22	1:25:42	-	-	D24	ANTWERPEN	
#2	DSQ	2601	F SCHOKKAERT Leen	BEL	35	-	18:49	-	4:18	-	-	20:10	20:36	40:47	-	-	4:19	-	-	14:38	1:22:53	-	-	D24	ANTWERPEN 1	
#1	DNF	2316	VERSCHUEREN Thomas	BEL	29	3	9:30	17	2:32	3	27	15:07	15:30	30:37	4	24	2:08	4	-	-	-	-	-	H24	SINT-NIKLAAS	
#1	DNF	2472	HENS Filip	BEL	45	24	11:20	137	3:38	29	116	16:58	17:18	34:17	74	217	3:53	85	-	-	-	-	-	H40	MECHELEN	
#1	DNF	2630	CLAESSENS Christoph	BEL	25	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	H24	ANTWERPEN	

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h