

FWC - Sirene Jogging

Lotto Mens Ten Miles

Middelkerke, August 16th. 2009, BEL

Per categorie

SEH Manen - Senior

	Pos	Nr	Name	Age	Team	Time	Gap	TKm	Avg	Scr
	1.	6675	VAN STEENBRUGGE Francies	33	KAAG	52:30		3:15	18.385	1
W	2.	6547	DE CALUWE Cedric	34	ABAV	53:02	+0:31	3:17	18.201	2
W	3.	6694	COLPAERT Frederick	33	FLAC	53:34	+1:04	3:19	18.018	3
	4.	6538	VERSCHOREN Bart	32	DUFFEL AC	54:38	+2:07	3:23	17.669	6
	5.	6509	DE KETELAERE Peter	33	ASSA	54:44	+2:13	3:24	17.637	7
	6.	6537	VAN NIEUWENHOVE Steven	30	LAT	55:06	+2:35	3:25	17.519	9
	7.	6510	DE KETELAERE Christophe	33	ASSA	55:12	+2:42	3:25	17.486	10
	8.	6678	BERTELS Jelle	24		55:55	+3:25	3:28	17.260	12
	9.	6502	VAN HOEY Olivier	22	ACW	57:03	+4:32	3:32	16.922	16
W	10.	6680	VERSCHOORE Nicolas	33		58:55	+6:25	3:39	16.381	19

M35 Manen - 35-39 jaar

	Pos	Nr	Name	Age	Team	Time	Gap	TKm	Avg	Scr
W	1.	6525	VANDECASTEELE Steven	39	ABAV	53:46		3:20	17.953	4
	2.	6681	REIGEL Hans	39	LAT	53:55	+0:08	3:21	17.905	5
	3.	6565	GODDEERIS Geert	39	KAAGENT	54:58	+1:12	3:24	17.562	8
W	4.	6570	DE KEUKELAERE Henk	37	VIA SPONSOR	1:00:57	+7:10	3:47	15.838	23
	5.	6606	BENZIANE Mourad	35	RFCL	1:06:53	+13:07	4:09	14.433	43
	6.	6581	DUTRIEUX Fernand	38	SPIBOR	1:08:09	+14:22	4:14	14.165	50
W	7.	6522	BULTYNCK Frank	36	OCTOPUS	1:08:26	+14:40	4:15	14.106	55
	8.	6679	PHILIPPE Rudy	39	SACN	1:08:59	+15:12	4:17	13.994	58
	9.	6588	VAN VOOREN David	39		1:11:29	+17:42	4:26	13.505	73
	10.	6540	DENEYS Dirk	36	VITA NINOVE	1:11:42	+17:56	4:27	13.463	74

M40 Manen - 40-44 jaar

	Pos	Nr	Name	Age	Team	Time	Gap	TKm	Avg	Scr
W	1.	6533	RONDELÉE Filip	40	ABAV	58:01		3:36	16.640	17
	2.	6508	TEMPELS Jean	41	TACT	59:58	+1:57	3:43	16.096	21
	3.	6505	SEGERS Erwin	44	VITA	1:00:37	+2:36	3:46	15.926	22
W	4.	6524	DETAVERNIER Hans	41	VACLB	1:01:43	+3:42	3:50	15.639	25
W	5.	6517	VIAENE Johan	40		1:02:38	+4:37	3:53	15.410	27
	6.	6708	DIERYCK Pascal	41		1:02:56	+4:55	3:54	15.337	28
	7.	6643	VERHULST Danny	43		1:06:40	+8:39	4:08	14.478	40
	8.	6611	JOLY Patrick	43		1:07:49	+9:48	4:12	14.233	48
	9.	6644	ROTS Lieven	41	RCGENT	1:08:14	+10:13	4:14	14.147	51
	10.	6595	VONCK Danny	42	ALVA	1:08:31	+10:30	4:15	14.089	56

M45 Manen - 45-49 jaar

	Pos	Nr	Name	Age	Team	Time	Gap	TKm	Avg	Scr
	1.	6654	DE KETELE Johan	45		55:42		3:27	17.331	11
W	2.	6699	BOSSIER Eddy	45	ABAV	56:10	+0:28	3:29	17.184	14
	3.	6662	NICQUE Dirk	46	ACW	56:49	+1:07	3:31	16.990	15
W	4.	6698	VANNESTE John	47	DAPALO	1:01:19	+5:36	3:48	15.744	24
	5.	6723	VANHOOF Eddy	46	VMOL	1:01:56	+6:14	3:50	15.586	26
W	6.	6626	VERLEYEN Carlo	45	AZW	1:03:30	+7:47	3:56	15.203	30
W	7.	6593	LABAERE Martin	47	AVR	1:03:37	+7:55	3:57	15.174	31
	8.	6704	PACQUE Hans	46	LUBO	1:05:40	+9:58	4:04	14.699	35
W	9.	6625	VAN OYEN Jan	47		1:06:25	+10:43	4:07	14.533	39
	10.	6639	DE BROUWER Geert	47	ALVA	1:06:49	+11:07	4:09	14.447	42

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h

FWC - Sirene Jogging

Lotto Mens Ten Miles

Middelkerke, August 16th. 2009, BEL

Per categorie

M50 Manen - 50-54 jaar

	Pos	Nr	Name	Age	Team	Time	Gap	TKm	Avg	Scr
	1.	6685	VERBEECK Christophe	50	VOLHARDING	56:07		3:29	17.202	13
W	2.	6647	VANHAECKE Filip	50	FLAC	58:18	+2:11	3:37	16.556	18
	3.	6610	DIELS Gaston	52		1:04:56	+8:49	4:02	14.865	34
W	4.	6551	NIMMEGEERS Johan	54	WORLD RUNNER	1:06:01	+9:54	4:06	14.622	36
W	5.	6655	VAN LIERDE Roger	53	JEST RUN MENEN	1:08:52	+12:45	4:16	14.016	57
	6.	6530	HENDRIX Paul	54	BJC	1:10:03	+13:56	4:21	13.780	65
	7.	6638	VAN MOORTEL Carl	51		1:11:47	+15:39	4:27	13.448	76
	8.	6573	CORNU Erik	53	VOLH	1:12:33	+16:26	4:30	13.305	85
	9.	6689	DE COMMINES Luc	52	ALVA	1:12:52	+16:44	4:31	13.248	86
	10.	6549	DELPIERRE Alain	52	USBW	1:14:19	+18:12	4:37	12.989	101

M55 Manen - 55-59 jaar

	Pos	Nr	Name	Age	Team	Time	Gap	TKm	Avg	Scr
	1.	6511	UITDEBROEKS Romain	59	ACA ALKEN	1:04:24		4:00	14.990	32
W	2.	6642	NIJS Jean-Pierre	55		1:04:40	+0:15	4:01	14.929	33
	3.	6503	DIEU Edmond	57	ADD	1:06:15	+1:51	4:07	14.570	38
	4.	6557	GRAHAM Werrett	55	ASKERN	1:07:34	+3:10	4:11	14.287	46
	5.	6582	VAN CAMP Alfons	56		1:07:36	+3:12	4:12	14.278	47
	6.	6624	LAMPAERT Maurice	57	RCGENT	1:08:23	+3:59	4:15	14.115	54
W	7.	6686	DE SCHACHT Fernand	58		1:10:36	+6:12	4:23	13.672	67
W	8.	6567	DEKEERSMAECKER Rudy	58	FLAC	1:13:06	+8:41	4:32	13.207	88
W	9.	6633	VERFAILLIE Danny	58		1:13:24	+9:00	4:33	13.150	90
	10.	6562	CRUCQ Andre	57	DYNAMICA	1:14:11	+9:47	4:36	13.012	100

M60 Manen - 60-64 jaar

	Pos	Nr	Name	Age	Team	Time	Gap	TKm	Avg	Scr
	1.	6516	MICHELSEN Jef	62		1:10:55		4:24	13.610	69
W	2.	6724	VANBEVEREN Camille	62	DAPALO	1:11:48	+0:52	4:27	13.446	77
	3.	6706	DEMYLLE Daniel	64		1:14:07	+3:11	4:36	13.025	98
	4.	6539	WIJNANT Albert	63		1:22:42	+11:46	5:08	11.672	154
	5.	6604	ANDRIES Guido	62		1:31:42	+20:46	5:41	10.527	190
	6.	6527	DEPRINS Roland	62		1:43:34	+32:38	6:26	9.321	203

M65 Manen - 65-69 jaar

	Pos	Nr	Name	Age	Team	Time	Gap	TKm	Avg	Scr
	1.	6609	ROGGE Jordan	65	VAD	1:03:09		3:55	15.286	29
	2.	6558	WATTS Brian	66	ASKERN	1:19:52	+16:43	4:57	12.086	138
	3.	6556	JONES Bernard	69	ASKERN	1:28:16	+25:07	5:29	10.936	176

M70 Manen - 70-74 jaar

	Pos	Nr	Name	Age	Team	Time	Gap	TKm	Avg	Scr
	1.	6613	LESAGE Henri	70	UNION SPORTIVE	1:15:47		4:42	12.737	109
	2.	6683	REYNAERT Roger	72		1:18:59	+3:11	4:54	12.222	127
W	3.	6555	ROOSE Maurice	70		1:25:49	+10:01	5:20	11.248	165
	4.	6564	CANDAELE Jozef	70	ABES	1:27:03	+11:15	5:24	11.089	169
W	5.	6700	COMMEINE Roger	71	VAD	1:30:38	+14:50	5:38	10.651	187
	6.	6616	COPPIETERS Wim	73	KK-HALLE	1:34:43	+18:56	5:53	10.191	196

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h

FWC - Sirene Jogging

Lotto Mens Ten
Miles

Middelkerke, August 16th. 2009, BEL

Per categorie

M75 Manen - 75-79 jaar

	Pos	Nr	Name	Age	Team	Time	Gap	TKm	Avg	Scr
	1.	6528	FRANCIS Rene	76	DCLA	1:19:03		4:54	12.212	128
W	2.	6553	KNOCKAERT Roger	76	BEHO	1:30:07	+11:04	5:36	10.712	186

M80 Manen - 80-90 jaar

	Pos	Nr	Name	Age	Team	Time	Gap	TKm	Avg	Scr
	1.	6571	DE SMAELS Remi	81	DS RUNNING	1:47:22		6:40	8.991	204

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h