

# FWC - Sirene Jogging

Lotto Ladies Ten Miles

Middelkerke, August 16th. 2009, BEL

Per categorie

## SEF Vrouwen - Senior

	Pos	Nr	Name	Age	Team	Time	Gap	TKm	Avg	Scr
W	1.	6024	F PARMENTIER Ann	30		<b>1:00:55</b>		3:47	15.845	1
W	2.	6002	F THIENPONT Ria	34	AVMO	<b>1:03:31</b>	+2:35	3:56	15.199	2
	3.	6015	F LAUWAERT Nina	21	VOLH	<b>1:03:35</b>	+2:39	3:57	15.182	3
	4.	6107	F DIELS Tine	26		<b>1:07:53</b>	+6:57	4:13	14.220	5
W	5.	6102	F DE CLERCQ Gudrun	33		<b>1:13:02</b>	+12:07	4:32	13.216	8
	6.	6121	F TIMMERMANS Veronique	32	DAPALO	<b>1:18:05</b>	+17:09	4:51	12.362	12
	7.	6123	F VAN PRAET Leentje	30		<b>1:20:40</b>	+19:44	5:00	11.968	16
W	8.	6027	F WERBROUCK Liesbeth	29	TRITEAM	<b>1:22:30</b>	+21:34	5:07	11.701	20
	9.	6116	F VERSCHELDEN Els	34		<b>1:44:12</b>	+43:16	6:28	9.265	43
	10.	6005	F BOUDEN Els	24		<b>1:45:59</b>	+45:03	6:35	9.108	44

## V35 Vrouwen - 35-39 jaar

	Pos	Nr	Name	Age	Team	Time	Gap	TKm	Avg	Scr
	1.	6124	F DE CLERCQ Nathalie	39	ASSA	<b>1:04:29</b>		4:00	14.969	4
	2.	6021	F VAN DAELE Cindy	35	VOLH	<b>1:12:31</b>	+8:02	4:30	13.311	7
W	3.	6013	F DE BAENE Nancy	39	BEHO	<b>1:15:27</b>	+10:58	4:41	12.793	10
W	4.	6023	F CALEBOUT Marleen	38		<b>1:21:32</b>	+17:03	5:04	11.838	17
	5.	6111	F VAN HECKE Lisbeth	38	ALVA AALST	<b>1:26:51</b>	+22:21	5:23	11.116	27
W	6.	6008	F DEPLA Stephanie	36		<b>1:37:00</b>	+32:30	6:01	9.952	38
	7.	6118	F VAN DE VELDE Sofie	35		<b>1:40:30</b>	+36:00	6:14	9.606	40
	8.	6117	F DE TEMMERMAN Cindy	37		<b>1:40:36</b>	+36:07	6:15	9.595	41

## V40 Vrouwen - 40-44 jaar

	Pos	Nr	Name	Age	Team	Time	Gap	TKm	Avg	Scr
W	1.	6108	F DESEYN Carline	43	KAAGENT	<b>1:09:40</b>		4:19	13.857	6
	2.	6009	F PAESBRUGGE Katrien	42	FUN RUNNERS ERP	<b>1:15:19</b>	+5:39	4:40	12.818	9
W	3.	6101	F STRUBBE Fabienne	42		<b>1:17:33</b>	+7:53	4:49	12.448	11
	4.	6104	F DE BUYSSCHER Karine	42	ALVA	<b>1:19:12</b>	+9:32	4:55	12.187	14
W	5.	6006	F KNOCKAERT Georgette	44	BEHO	<b>1:25:24</b>	+15:44	5:18	11.303	22
	6.	6001	F LONCKE Karin	40		<b>1:26:50</b>	+17:10	5:23	11.117	26
	7.	6112	F BORMS Elke	44	ALVA	<b>1:27:26</b>	+17:46	5:26	11.040	28
	8.	6122	F VAN DEN BOSSCHE Micheline	41	TTG	<b>1:30:01</b>	+20:21	5:35	10.725	33
W	9.	6125	F DUCLOS Anne	41	SODIBRUG	<b>1:30:12</b>	+20:31	5:36	10.703	35
	10.	6114	F VANDERCRUYSSSEN Conny	43	JCB BRAKEL	<b>1:44:11</b>	+34:31	6:28	9.265	42

## V45 Vrouwen - 45-49 jaar

	Pos	Nr	Name	Age	Team	Time	Gap	TKm	Avg	Scr
W	1.	6018	F VANDENBERGHE Annemie	46		<b>1:19:03</b>		4:54	12.210	13
W	2.	6115	F YSERBYT Mia	46	VABCO MOL	<b>1:21:49</b>	+2:45	5:05	11.799	18
	3.	6120	F DE CUYPER Christel	45	FUNRUNNERS	<b>1:29:31</b>	+10:27	5:33	10.783	30
	4.	6113	F VANDER WAEREN Nicole	49		<b>1:29:47</b>	+10:44	5:34	10.751	32
	5.	6119	F SCHIETTECATTÉ Monique	48	ALVA	<b>1:30:03</b>	+10:59	5:35	10.719	34
	6.	6105	F DE MEY Dominique	46		<b>1:31:53</b>	+12:49	5:42	10.507	37
	7.	6110	F DE ZUTTER Viviane	46	LENIG ZULTE	<b>1:46:54</b>	+27:50	6:38	9.030	45

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h

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## V50 Vrouwen - 50-54 jaar

Pos	Nr	Name	Age	Team	Time	Gap	TKm	Avg	Scr
1.	6007	F SIRJACQ Dominique	52		<b>1:24:24</b>		5:14	11.438	21
2.	6012	F DE BOISERIE Ann	50		<b>1:26:03</b>	+1:39	5:20	11.218	23
3.	6017	F SCHELDEWAERT Gilberte	53	JC WAARSCHOOT /	<b>1:26:16</b>	+1:52	5:21	11.189	24
4.	6109	F VASTESAEGER Anne Mie	50	OEH	<b>1:26:35</b>	+2:11	5:22	11.149	25
5.	6010	F DEKEUKELAERE Carine	50		<b>1:49:46</b>	+25:22	6:49	8.794	47

## V55 Vrouwen - 55-59 jaar

Pos	Nr	Name	Age	Team	Time	Gap	TKm	Avg	Scr
1.	6103	F ASNONG Jenny	57	ADD	<b>1:31:22</b>		5:40	10.565	36
2.	6004	F HUSA Else	58	ULL KISA	<b>1:37:21</b>	+5:58	6:03	9.916	39

## V60 Vrouwen - 60-64 jaar

Pos	Nr	Name	Age	Team	Time	Gap	TKm	Avg	Scr
1.	6019	F FENELON Patsy	60	ASKERN	<b>1:22:25</b>		5:07	11.712	19
2.	6016	F DE KEYSER Marie Jeanne	61		<b>1:28:42</b>	+6:17	5:30	10.882	29
3.	6020	F DECLERCQ Hugette	64	DYNAMICA	<b>1:29:40</b>	+7:14	5:34	10.765	31
4.	6126	F PANIS Frieda	64		<b>1:58:18</b>	+35:52	7:21	8.160	48

## V65 Vrouwen - 65-69 jaar

Pos	Nr	Name	Age	Team	Time	Gap	TKm	Avg	Scr
1.	6014	F LOON VAN Ria	66	VET NED	<b>1:19:44</b>		4:57	12.107	15

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h