

# FWC - Sirene Jogging

## Middelkerke, August 16th. 2009, BEL

Carin Mens 5 km

Uitslag

Pos	Nr	Name	Age	NOC	Team	Chip		Official	Gap	TKm	Avg	Age Group		
						Pos	Time					Rang	Name	
	1.	5638	ALAYA Mohamed	30	BEL		1	16:02	<b>16:02</b>		3:12	18.707	1	SEH
W	2.	5514	DUJARDYN Pedro	31	BEL	AZW	2	16:31	<b>16:32</b>	+0:30	3:18	18.136	2	SEH
W	3.	5516	BONTE Gino	40	BEL	AVR	3	16:44	<b>16:44</b>	+0:41	3:20	17.928	1	VEH
W	4.	5629	COUSSEMENT Wim	39	BEL	MACW	4	17:03	<b>17:03</b>	+1:01	3:24	17.592	2	VEH
W	5.	5630	VANROOSE Pieter	21	BEL	MACW	5	17:16	<b>17:16</b>	+1:14	3:27	17.359	3	SEH
	6.	5614	VAN RILLAER Stefaan	39	BEL	AVZK DEMARSIN	6	17:24	<b>17:24</b>	+1:22	3:28	17.238	3	VEH
	7.	5626	SAMYN Geoffrey	28	BEL		7	17:27	<b>17:31</b>	+1:28	3:30	17.127	4	SEH
W	8.	5624	DESPEGHEL Frederic	18	BEL	NLT	8	17:38	<b>17:38</b>	+1:36	3:31	17.010	5	SEH
	9.	5627	CORDIER Thomas	16	BEL		9	17:43	<b>17:43</b>	+1:41	3:32	16.923	1	JUH
W	10.	5610	STEELANDT Philiep	52	BEL	AZW	10	17:49	<b>17:49</b>	+1:47	3:33	16.826	4	VEH
	11.	5574	COUSIN Sebastien	28	BEL		11	17:56	<b>17:59</b>	+1:57	3:35	16.671	6	SEH
	12.	5633	GOOSSENS Alain	28	BEL	ACHL	13	18:10	<b>18:11</b>	+2:09	3:38	16.490	7	SEH
W	13.	5644	HAMERS Peter	40	BEL	HERMES OOSTENDE	14	18:14	<b>18:14</b>	+2:12	3:38	16.441	5	VEH
W	14.	5510	VERSTRAETE Sander	15	BEL		15	18:19	<b>18:19</b>	+2:17	3:39	16.364	2	JUH
	15.	5566	DE GROOTE Mathias	19	BEL	ASVO	12	18:09	<b>18:22</b>	+2:20	3:40	16.324	8	SEH
W	16.	5506	VERCRUYCE Tyson	15	BEL	MACW	16	18:25	<b>18:26</b>	+2:24	3:41	16.265	3	JUH
	17.	5522	COLLINGWOOD Paul	36	GBR	ASKERN	17	18:28	<b>18:28</b>	+2:25	3:41	16.245	6	VEH
W	18.	5509	VERSTRAETE Nick	17	BEL		18	19:02	<b>19:02</b>	+3:00	3:48	15.750	4	JUH
W	19.	5596	NAERT Marc	51	BEL		19	19:17	<b>19:23</b>	+3:21	3:52	15.470	7	VEH
W	20.	5648	VANHEULE Marc	37	BEL	TEMPO KOEKELARE	20	19:29	<b>19:33</b>	+3:31	3:54	15.334	8	VEH
W	21.	5577	VAN LANCKER Dieter	20	BEL	AZW	22	19:44	<b>19:44</b>	+3:42	3:56	15.199	9	SEH
	22.	5611	BRAEM Geert	19	BEL	AC LEBBEKE	21	19:44	<b>19:49</b>	+3:47	3:57	15.131	10	SEH
W	23.	5636	DELEU Peter	39	BEL	RTOM	23	19:54	<b>19:54</b>	+3:52	3:58	15.063	9	VEH
W	24.	5513	DERINCK Alain	35	BEL		24	19:55	<b>19:58</b>	+3:56	3:59	15.018	10	VEH
	25.	5617	VANDE VELDE Thomas	15	BEL	KAAG	25	20:04	<b>20:11</b>	+4:09	4:02	14.852	5	JUH
	26.	5618	HUS Pieter	17	BEL	VABCO MOL	26	20:13	<b>20:17</b>	+4:15	4:03	14.780	6	JUH
W	27.	5517	VERBANCK Thijs	16	BEL	HCO	27	20:18	<b>20:23</b>	+4:21	4:04	14.708	7	JUH
W	28.	5637	DEPROOST Sandrino	36	BEL		28	20:25	<b>20:29</b>	+4:27	4:05	14.637	11	VEH
W	29.	5634	VRANCKEN Arno	14	BEL	HCO	29	20:41	<b>20:46</b>	+4:44	4:09	14.443	1	CAH
	30.	5523	VOUT Tony	50	GBR	ASKERN	30	20:46	<b>20:50</b>	+4:48	4:10	14.391	12	VEH
	31.	5582	GORIS Patrick	39	BEL	ARAC	33	21:03	<b>21:03</b>	+5:01	4:12	14.244	13	VEH
	32.	1633	VAN DEN BRANDE Peter	45	GBR	TRI SPORT EDDIN	34	21:10	<b>21:10</b>	+5:08	4:14	14.165	14	VEH
	33.	5552	VAN HERCK Lars	19	BEL		32	21:03	<b>21:11</b>	+5:09	4:14	14.154	11	SEH
	34.	5643	BAEYENS Daan	18	BEL	SNA WELLE VS	36	21:26	<b>21:26</b>	+5:24	4:17	13.991	12	SEH
W	35.	5628	VANDERSTEDE Simon	15	BEL		31	21:02	<b>21:28</b>	+5:26	4:17	13.972	8	JUH
W	36.	5554	SCHUYSMANS Hans	13	BEL	HCO	37	21:28	<b>21:28</b>	+5:26	4:17	13.966	2	CAH
	37.	5575	VERWERFT Steven	15	BEL		35	21:12	<b>21:29</b>	+5:27	4:17	13.958	9	JUH
	38.	5551	VAN HERCK Brent	9	BEL	ARAC	40	21:41	<b>21:47</b>	+5:45	4:21	13.766	3	CAH
	39.	5625	LANOYE Stephane	48	BEL		38	21:30	<b>21:48</b>	+5:46	4:21	13.755	15	VEH
	40.	5619	HUS Bart	16	BEL	VABCO MOL	39	21:37	<b>22:01</b>	+5:59	4:24	13.618	10	JUH
	41.	5556	PEELMANS Steffen	36	BEL	JCR	41	21:42	<b>22:03</b>	+6:01	4:24	13.603	16	VEH
	42.	5563	CEYSSENS Jos	48	BEL	PPG HASSELT	44	22:02	<b>22:06</b>	+6:04	4:25	13.571	17	VEH
	43.	5649	CALLEWAERT Pierre-Alain	15	BEL		46	22:07	<b>22:07</b>	+6:05	4:25	13.556	11	JUH
	44.	5564	VONCK Klaas	14	BEL	EA	42	21:59	<b>22:10</b>	+6:08	4:26	13.526	4	CAH
	45.	5567	DE GROOTE Geert	47	BEL	ASVO	48	22:16	<b>22:16</b>	+6:13	4:27	13.473	18	VEH
W	46.	5646	PEEL Koen	16	BEL	MACW	43	22:01	<b>22:21</b>	+6:19	4:28	13.421	12	JUH
	47.	5620	HUS Eric	44	BEL	VMOL	45	22:06	<b>22:31</b>	+6:28	4:30	13.322	19	VEH
	48.	5584	HOOYBERGHS Mats	11	BEL	ARAC	50	22:28	<b>22:34</b>	+6:31	4:30	13.293	5	CAH
	49.	5603	LABIE Yves	42	BEL		47	22:10	<b>22:36</b>	+6:34	4:31	13.269	20	VEH
	50.	5568	LEYS Michaël	20	BEL	VOLHARDING BEUE	51	22:38	<b>22:52</b>	+6:49	4:34	13.118	13	SEH
	51.	5650	GHEYSSENS Jf	37	BEL		52	22:44	<b>22:59</b>	+6:57	4:35	13.046	21	VEH
	52.	5595	DETIGE Ronald	31	BEL		54	22:49	<b>23:01</b>	+6:59	4:36	13.025	14	SEH
	53.	5555	WOUTERS Yvo	52	BEL	LEEUEWERIK	58	22:59	<b>23:02</b>	+7:00	4:36	13.018	22	VEH
	54.	5600	WILZIUS Tom	15	LUX		49	22:27	<b>23:03</b>	+7:01	4:36	13.008	13	JUH
W	55.	5507	DE JODE Francis	43	BEL	GAVERTTRIMMERS	60	23:06	<b>23:06</b>	+7:04	4:37	12.980	23	VEH
W	56.	5581	VANDENBOGAERDE Fabio	11	BEL	JOGGINGCLUB DEE	55	22:50	<b>23:07</b>	+7:05	4:37	12.974	6	CAH
W	57.	5645	STAS Cédric	15	BEL	MACW	56	22:50	<b>23:09</b>	+7:07	4:37	12.957	14	JUH
	58.	1639	BUYLE Wim	41	BEL		57	22:56	<b>23:12</b>	+7:10	4:38	12.926	24	VEH
	59.	5632	DEPUVEREZ Paul	52	BEL	JC BRAKEL	53	22:46	<b>23:15</b>	+7:13	4:39	12.900	25	VEH
	60.	5609	VAN DEN BRANDE Fenn	11	GBR	TRISPORT EPPING	63	23:18	<b>23:27</b>	+7:25	4:41	12.789	7	CAH
W	61.	5580	VERMUSSCHE Maxime	12	BEL		62	23:12	<b>23:28</b>	+7:26	4:41	12.778	8	CAH
W	62.	5553	VANDERSTEDE Gert	45	BEL		59	23:03	<b>23:29</b>	+7:27	4:41	12.767	26	VEH
	63.	5583	HOOYBERGHS Benny	38	BEL	ARAC	65	23:39	<b>23:45</b>	+7:43	4:45	12.626	27	VEH
W	64.	5505	VERCRUYCE John	15	BEL	MACW	67	23:47	<b>23:47</b>	+7:45	4:45	12.612	15	JUH
	65.	5590	HAEGEMAN Michiel	14	BEL		68	23:47	<b>23:47</b>	+7:45	4:45	12.608	9	CAH
W	66.	5639	BOSSEE Jeroen	13	BEL		64	23:21	<b>23:48</b>	+7:45	4:45	12.604	10	CAH
	67.	5565	KEMPS Jean-Pierre	51	BEL	LEEUEWERIK	69	23:48	<b>23:48</b>	+7:46	4:45	12.597	28	VEH

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h

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## Middelkerke, August 16th. 2009, BEL

Carin Mens 5 km

Uitslag

Pos	Nr	Name	Age	NOC	Team	Chip		Official	Gap	TKm	Avg	Age Group		
						Pos	Time					Rang	Name	
68.	5571	BRASPENNING Jan	45	BEL		61	23:11	<b>23:50</b>	+7:48	4:46	12.581	29	VEH	
69.	5576	VAN WICHELEN Natan	11	BEL		66	23:39	<b>23:57</b>	+7:55	4:47	12.524	11	CAH	
70.	5708	VERSTRAETEN Bart	40	BEL		71	24:07	<b>24:07</b>	+8:05	4:49	12.433	30	VEH	
71.	5594	WILAND Jan Willem	25	BEL		77	24:12	<b>24:12</b>	+8:10	4:50	12.390	15	SEH	
72.	5591	VAN MOL Tom	13	BEL		70	23:52	<b>24:13</b>	+8:11	4:50	12.383	12	CAH	
73.	5641	BAEYENS Niels	16	BEL	SNA WELLE	74	24:09	<b>24:17</b>	+8:14	4:51	12.353	16	JUH	
74.	5616	VANDE VELDE Wouter	14	BEL	JC WACHTEBEKE	76	24:11	<b>24:21</b>	+8:19	4:52	12.317	13	CAH	
W	75.	5559	GOES Jietse	10	BEL		73	24:08	<b>24:22</b>	+8:20	4:52	12.308	14	CAH
W	76.	5579	VERMUSSCHE Vincent	12	BEL		75	24:10	<b>24:26</b>	+8:24	4:53	12.275	15	CAH
77.	5562	DE DEYN Guy	29	BEL	FUNRUNNERS	79	24:31	<b>24:31</b>	+8:29	4:54	12.230	16	SEH	
78.	5593	VAN MOL Wout	15	BEL		72	24:08	<b>24:32</b>	+8:30	4:54	12.225	17	JUH	
79.	5520	COOK Roy	64	GBR	ASKERN	78	24:23	<b>24:43</b>	+8:40	4:56	12.136	31	VEH	
80.	5518	VAN DEN BORRE Herman	52	BEL	WORLD RUNNERS B	81	24:51	<b>25:01</b>	+8:59	5:00	11.989	32	VEH	
81.	5607	JANSEN Niels	13	BEL		84	24:58	<b>25:06</b>	+9:04	5:01	11.950	16	CAH	
82.	5612	SANTENS Maarten	15	BEL	KASVO	80	24:48	<b>25:06</b>	+9:04	5:01	11.948	18	JUH	
W	83.	5511	VERSTRAETE Thijs	10	BEL		82	24:57	<b>25:07</b>	+9:05	5:01	11.937	17	CAH
84.	5601	BAUM Max	15	LUX		85	25:00	<b>25:39</b>	+9:37	5:07	11.692	19	JUH	
85.	5597	HOMBERGER Gerard	39	LUX		83	24:58	<b>25:40</b>	+9:38	5:08	11.681	33	VEH	
86.	5569	VASTESAEGER Christophe	37	BEL	LEEUEWERIK	87	25:40	<b>25:47</b>	+9:44	5:09	11.635	34	VEH	
87.	5640	DEBOECK Steven	52	BEL	VLAAMSECANICROS	86	25:22	<b>25:53</b>	+9:51	5:10	11.586	35	VEH	
88.	5606	VAN BAEL Jens	10	BEL	AVZK	90	26:16	<b>26:16</b>	+10:14	5:15	11.419	18	CAH	
89.	5608	JANSEN Siebe	11	BEL		89	26:14	<b>26:22</b>	+10:19	5:16	11.377	19	CAH	
90.	5623	SONCK Dimitri	36	BEL		88	26:11	<b>26:41</b>	+10:39	5:20	11.240	36	VEH	
91.	5592	VAN MOL Marc	47	BEL		92	26:21	<b>26:43</b>	+10:40	5:20	11.228	37	VEH	
92.	5599	FLOENER Pascal	37	LUX		91	26:17	<b>26:59</b>	+10:57	5:23	11.115	38	VEH	
93.	5621	VALKENBORGH Carlo	52	BEL		93	26:38	<b>27:01</b>	+10:59	5:24	11.102	39	VEH	
94.	5524	TATE Barry	56	GBR	ASKERN	94	26:41	<b>27:03</b>	+11:01	5:24	11.085	40	VEH	
95.	5622	DESMARETS Sebastien	28	BEL		95	26:44	<b>27:08</b>	+11:05	5:25	11.055	17	SEH	
W	96.	5558	IALONO Jonas	10	BEL		96	27:37	<b>27:43</b>	+11:41	5:32	10.821	20	CAH
97.	5560	MARTENS Kasper	9	BEL	ASVO	97	27:44	<b>27:55</b>	+11:52	5:35	10.746	21	CAH	
98.	5501	SCHEERLINCK Eddy	62	BEL		101	28:02	<b>28:02</b>	+12:00	5:36	10.698	41	VEH	
99.	5573	KULA Ignace	61	BEL		98	27:55	<b>28:26</b>	+12:24	5:41	10.548	42	VEH	
100.	5602	VAN ACHTER Robin	12	BEL		99	27:55	<b>28:29</b>	+12:27	5:41	10.531	22	CAH	
101.	5585	SISSON Matt	39	GBR		100	27:57	<b>28:36</b>	+12:34	5:43	10.486	43	VEH	
102.	5527	CRESIS Felix	76	BEL	RCT TIENEN	103	28:34	<b>28:40</b>	+12:38	5:44	10.461	44	VEH	
103.	5561	MARTENS Peter	41	BEL		102	28:33	<b>28:43</b>	+12:41	5:44	10.443	45	VEH	
104.	5642	VAN DER HOEVEN Frans	79	BEL	SNA WELLE	104	28:53	<b>28:59</b>	+12:56	5:47	10.350	46	VEH	
105.	5512	DRIESESENS Eddy	54	BEL		107	29:09	<b>29:15</b>	+13:13	5:51	10.253	47	VEH	
106.	5572	VERDEYEN Jean-Pierre	59	BEL		105	28:56	<b>29:29</b>	+13:26	5:53	10.174	48	VEH	
107.	5570	ANNAERT Pieter	11	BEL		106	29:09	<b>29:29</b>	+13:27	5:53	10.170	23	CAH	
W	108.	5615	PATTYN Wim	22	BEL		108	29:25	<b>29:48</b>	+13:46	5:57	10.065	18	SEH
109.	5635	RAES Paul	63	BEL	FUNRUNNERS	109	29:32	<b>30:06</b>	+14:04	6:01	9.962	49	VEH	
W	110.	5587	VERBEKE David	35	BEL	ETZ	111	30:48	<b>31:16</b>	+15:14	6:15	9.592	50	VEH
111.	5557	BIERMANS Dirk	49	BEL		112	31:22	<b>31:22</b>	+15:20	6:16	9.562	51	VEH	
112.	5598	KIRSCH Marco	38	LUX		110	30:48	<b>31:28</b>	+15:26	6:17	9.530	52	VEH	
W	113.	5589	ROUZEE Olivier	27	BEL		117	31:37	<b>31:41</b>	+15:39	6:20	9.468	19	SEH
W	114.	5647	LEEUEWERCK Eddy	63	BEL	VAD-NA	116	31:32	<b>31:47</b>	+15:45	6:21	9.435	53	VEH
115.	5508	CROUGHS Ghislain	65	BEL	JCB BILZEN	113	31:27	<b>32:03</b>	+16:01	6:24	9.356	54	VEH	
116.	5604	MCCLINTOCK Jim	67	GBR	ASKERN DRC	115	31:30	<b>32:13</b>	+16:11	6:26	9.308	55	VEH	
117.	5525	COLLINGWOOD Michael	64	GBR	ASKERN	114	31:29	<b>32:13</b>	+16:11	6:26	9.307	56	VEH	
W	118.	5528	VANDERGUNST Ronald	58	BEL		118	31:37	<b>32:15</b>	+16:13	6:27	9.301	57	VEH
119.	5605	RUDDLESSEN David	62	GBR		119	32:30	<b>33:09</b>	+17:07	6:37	9.047	58	VEH	
120.	5515	COLLINGWOOD Dave	64	GBR	ASKERN	120	32:54	<b>33:37</b>	+17:35	6:43	8.921	59	VEH	
W	121.	5588	DEBEUCKELAERE Boudewijn	54	BEL		121	34:31	<b>34:35</b>	+18:32	6:55	8.675	60	VEH
W	122.	5586	NOLF Francky	54	BEL		122	34:46	<b>34:59</b>	+18:57	6:59	8.574	61	VEH
W	123.	5631	DE GRANDE Andre	74	BEL	RCG	123	35:03	<b>35:14</b>	+19:12	7:02	8.514	62	VEH
124.	5613	MARCKAERT Geert	44	BEL		124	35:33	<b>35:48</b>	+19:45	7:09	8.379	63	VEH	
125.	5504	LEYSEN Pieter	11	BEL		125	36:26	<b>37:10</b>	+21:07	7:26	8.071	24	CAH	
126.	5519	CEULEMANS Luc	52	BEL		126	36:27	<b>37:10</b>	+21:08	7:26	8.069	64	VEH	
127.	5503	ULIN Gerard	66	BEL	PSV AFFLIGEM	127	38:10	<b>38:50</b>	+22:48	7:46	7.723	65	VEH	
128.	5521	BISBY Glenn	54	GBR	ASKERN	128	38:46	<b>39:30</b>	+23:28	7:54	7.592	66	VEH	
W	129.	5502	FICHEFET Jean-Marie	80	BEL		129	41:15	<b>41:51</b>	+25:48	8:22	7.168	67	VEH

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h