

# FWC - Sirene Jogging

## Middelkerke, August 16th. 2009, BEL

Carin Ladies 5 km

Uitslag

Pos	Nr	Name	Age	NOC	Team	Chip		Official	Gap	TKm	Avg	Age Group	
						Pos	Time					Rang	Name
W	1.	5013 F DEKETELAERE Annelies	23	BEL	HAC	1	19:13	<b>19:13</b>		3:50	15.609	1	SEF
	2.	5008 F SEGERS Silke	16	BEL	VITA	2	20:14	<b>20:16</b>	+1:03	4:03	14.794	1	JUF
W	3.	5047 F FRERE Mia	53	BEL	VACBL	3	21:08	<b>21:08</b>	+1:55	4:13	14.192	1	VEF
	4.	5037 F ROELANDTS Sophie	21	BEL	RCB	4	21:21	<b>21:30</b>	+2:17	4:18	13.950	2	SEF
	5.	5056 F BEYENS Ann	38	BEL	ARAC	5	21:33	<b>21:33</b>	+2:20	4:18	13.913	2	VEF
W	6.	5065 F DE KAESTECKER Sara	17	BEL	FLAC	6	21:36	<b>21:40</b>	+2:27	4:20	13.839	2	JUF
	7.	5108 F POLFLIET Sofie	17	BEL	SPBO	7	22:23	<b>22:31</b>	+3:18	4:30	13.319	3	JUF
	8.	5098 F COMMERS Lauren	14	BEL	ROBA	8	22:37	<b>22:37</b>	+3:24	4:31	13.256	1	CAF
	9.	5042 F DE GROOTE Sarah	17	BEL	ASVO	9	22:38	<b>22:51</b>	+3:38	4:34	13.124	4	JUF
W	10.	5027 F DEVRIENDT Silke	13	BEL	AV JABBEKE	10	22:54	<b>22:54</b>	+3:41	4:34	13.094	2	CAF
	11.	5004 F VAN DE VELDE Haike	22	BEL	RRT	11	22:57	<b>23:11</b>	+3:57	4:38	12.939	3	SEF
	12.	5007 F ROGGHE Chris	45	BEL	WORLD RUNNER	12	23:12	<b>23:19</b>	+4:06	4:39	12.861	3	VEF
W	13.	5057 F TIMMERMAN Sandra	40	BEL		13	23:23	<b>23:23</b>	+4:10	4:40	12.826	4	VEF
	14.	5063 F DEBERSAQUES Nathalie	39	GBR	DE GAVERTRIMMER	14	23:51	<b>23:51</b>	+4:38	4:46	12.572	5	VEF
W	15.	5006 F VERCRUYCE Kim	17	BEL	MACW	15	23:56	<b>24:16</b>	+5:02	4:51	12.362	5	JUF
	16.	5085 F SANTENS Laura	14	BEL		16	24:12	<b>24:27</b>	+5:14	4:53	12.267	3	CAF
	17.	5097 F SCHOORENS Nele	27	BEL		17	24:23	<b>24:33</b>	+5:20	4:54	12.214	4	SEF
	18.	5041 F CLINCKE Hilde	45	BEL	KASUO	18	24:44	<b>25:00</b>	+5:47	5:00	11.996	6	VEF
	19.	5090 F DEJONGHE Aurelie	25	BEL		19	24:54	<b>25:08</b>	+5:55	5:01	11.929	5	SEF
W	20.	5099 F VRANCKEN Kelly	15	BEL	MCO	20	25:04	<b>25:10</b>	+5:57	5:02	11.917	6	JUF
	21.	5078 F REYNAERT Lieve	42	BEL		21	25:22	<b>25:22</b>	+6:09	5:04	11.821	7	VEF
	22.	5091 F HUYGEN Anja	36	BEL	BJC BILZEN	22	25:23	<b>25:23</b>	+6:10	5:04	11.816	8	VEF
W	23.	5084 F VAN DE MAELE Marianne	49	BEL		24	25:32	<b>25:42</b>	+6:29	5:08	11.667	9	VEF
W	24.	5055 F WARNEZ Wendy	31	BEL		23	25:31	<b>25:49</b>	+6:36	5:09	11.616	6	SEF
W	25.	5103 F LEFEVER Valerie	14	BEL	MACW	25	25:49	<b>25:55</b>	+6:42	5:11	11.571	4	CAF
	26.	5095 F VANTOMME Elodie	30	BEL		27	26:06	<b>26:19</b>	+7:06	5:15	11.398	7	SEF
W	27.	5033 F IACONO Lia	12	BEL		29	26:16	<b>26:23</b>	+7:10	5:16	11.369	5	CAF
	28.	5039 F STOCKMAN Natacha	39	BEL		26	26:02	<b>26:23</b>	+7:10	5:16	11.365	10	VEF
	29.	5001 F HERMANS Evelien	14	BEL		28	26:07	<b>26:25</b>	+7:12	5:17	11.354	6	CAF
W	30.	1057 F MAES Dorine	48	BEL	GISTELSE JOGGIN	31	26:39	<b>26:50</b>	+7:37	5:22	11.176	11	VEF
W	31.	5083 F DE BLAUWE Lisa	13	BEL	MOLENLOPERS BEK	32	26:44	<b>26:51</b>	+7:38	5:22	11.168	7	CAF
	32.	5109 F VANOVERSTRAETEN Katelijne	53	BEL		30	26:31	<b>27:04</b>	+7:51	5:24	11.078	12	VEF
W	33.	5096 F DEFYTER Ine	14	BEL	DAPALO	33	27:04	<b>27:12</b>	+7:58	5:26	11.029	8	CAF
W	34.	5104 F ACKE Anja	38	BEL	DAPALO	35	27:12	<b>27:12</b>	+7:59	5:26	11.024	13	VEF
	35.	5088 F VANDE VELDE Kathleen	15	BEL	KAAGENT	34	27:07	<b>27:17</b>	+8:04	5:27	10.991	7	JUF
W	36.	5012 F RYCKEWAERT Valerie	26	BEL		38	27:24	<b>27:30</b>	+8:17	5:30	10.907	8	SEF
W	37.	5040 F COUVREUR Els	40	BEL		36	27:16	<b>27:31</b>	+8:18	5:30	10.900	14	VEF
W	38.	5016 F GODERIS Christa	44	BEL		41	27:37	<b>27:37</b>	+8:24	5:31	10.860	15	VEF
W	39.	5101 F CLOET Jessy	20	BEL	MACW	39	27:28	<b>27:48</b>	+8:35	5:33	10.787	9	SEF
	40.	5003 F VAN ACHTER Ingrid	53	BEL	STAX	37	27:18	<b>27:53</b>	+8:40	5:34	10.758	16	VEF
	41.	5073 F DECOCK Emmie	14	BEL	JC BRAKEL	40	27:30	<b>28:04</b>	+8:51	5:36	10.683	9	CAF
W	42.	5093 F PINCKET Daisy	55	BEL	HERMES OOSTENDE	43	28:17	<b>28:17</b>	+9:04	5:39	10.601	17	VEF
	43.	5053 F LEFEVRE Isabelle	38	BEL		44	28:31	<b>28:31</b>	+9:17	5:42	10.519	18	VEF
	44.	5069 F BAUM Vil	12	LUX		42	28:04	<b>28:48</b>	+9:35	5:45	10.415	10	CAF
	45.	5106 F VANDERHOEVEN Marleen	52	BEL	SNA WELLE	46	28:50	<b>28:52</b>	+9:39	5:46	10.388	19	VEF
	46.	5062 F ANNENDYCK Nele	12	BEL	LEEUWERIK	45	28:42	<b>29:05</b>	+9:52	5:49	10.313	11	CAF
	47.	5075 F VAN DER BRACHT Isabelle	38	BEL	JC BRAKEL	47	29:04	<b>29:39</b>	+10:25	5:55	10.117	20	VEF
	48.	5089 F DE PAEPE Fien	13	BEL		49	29:16	<b>29:42</b>	+10:29	5:56	10.098	12	CAF
	49.	5032 F VAN HOLDERBEKE Flore	14	BEL		56	29:46	<b>29:46</b>	+10:32	5:57	10.078	13	CAF
W	50.	5102 F DELLOBEL Jasmien	15	BEL	MACW	55	29:41	<b>29:47</b>	+10:34	5:57	10.070	8	JUF
W	51.	5036 F BONCQUET Gerda	49	BEL		48	29:15	<b>29:52</b>	+10:39	5:58	10.040	21	VEF
W	52.	5105 F HUBRECHT Viviane	46	BEL		51	29:28	<b>29:53</b>	+10:40	5:58	10.037	22	VEF
W	53.	5081 F BENDELS Cindy	35	BEL		50	29:28	<b>29:57</b>	+10:44	5:59	10.012	23	VEF
	54.	5061 F ANNENDYCK Lisa	13	BEL	LEEUWERIK	54	29:37	<b>30:01</b>	+10:47	6:00	9.994	14	CAF
	55.	5064 F WUYTS Valerie	20	BEL		57	29:48	<b>30:01</b>	+10:48	6:00	9.993	10	SEF
W	56.	5100 F COOPMAN Inge	44	BEL		60	29:59	<b>30:05</b>	+10:52	6:01	9.967	24	VEF
	57.	5072 F VAN DAMME Vera	38	BEL	JC BRAKEL	53	29:36	<b>30:07</b>	+10:53	6:01	9.961	25	VEF
	58.	5070 F VAN HOORDE Lutt	52	BEL	JCB BRAKEL	52	29:34	<b>30:09</b>	+10:56	6:01	9.949	26	VEF
	59.	5074 F VAN BOCKSTAEL Ann	45	BEL	JC BRAKEL	58	29:54	<b>30:28</b>	+11:15	6:05	9.843	27	VEF
	60.	5071 F DE CLERCQ Ann	39	BEL	JC BRAKEL	59	29:56	<b>30:30</b>	+11:17	6:06	9.833	28	VEF
	61.	5009 F VAN OTTERDIJK Godelieve	51	BEL		65	30:32	<b>30:32</b>	+11:19	6:06	9.822	29	VEF
	62.	5080 F ROELANDT Conny	42	BEL	FUNRUNNERS	61	30:00	<b>30:36</b>	+11:23	6:07	9.801	30	VEF
	63.	5079 F VAN DER SYPE Martine	48	BEL	FUNRUNNERS	62	30:02	<b>30:39</b>	+11:25	6:07	9.788	31	VEF
	64.	5086 F LATTE Inge	42	BEL	KASVO	64	30:32	<b>30:47</b>	+11:34	6:09	9.744	32	VEF
	65.	5068 F MOKROGOVA Eva	38	LUX		63	30:24	<b>31:06</b>	+11:53	6:13	9.641	33	VEF
W	66.	5059 F DESMET Saskia	35	BEL		69	31:16	<b>31:16</b>	+12:03	6:15	9.592	34	VEF
	67.	5067 F SCHMIT Monique	51	LUX		66	30:46	<b>31:28</b>	+12:15	6:17	9.533	35	VEF

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h

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Pos	Nr	Name	Age	NOC	Team	Chip		Official	Gap	TKm	Avg	Age Group		
						Pos	Time					Rang	Name	
	68.	5094 F	MESSIAEN Pauline	26	BEL		68	31:03	<b>31:29</b>	+12:16	6:17	9.526	11	SEF
	69.	5087 F	VANDENDAELE Dominique	44	BEL	JOGGINGCLUB WAC	70	31:20	<b>31:33</b>	+12:20	6:18	9.506	36	VEF
W	70.	5002 F	HAESBROUCK Rita	61	BEL		71	31:29	<b>31:37</b>	+12:24	6:19	9.487	37	VEF
	71.	5044 F	BRASPENNING Elke	15	BEL		67	31:03	<b>31:43</b>	+12:30	6:20	9.457	9	JUF
	72.	5034 F	PEETERS Carla	40	BEL		72	31:33	<b>31:45</b>	+12:32	6:21	9.446	38	VEF
	73.	5015 F	VANANDEROYE Lydia	55	BEL		76	31:55	<b>31:55</b>	+12:42	6:23	9.395	39	VEF
	74.	5052 F	MIGLIORANZA Lara	11	BEL		77	31:55	<b>32:09</b>	+12:56	6:25	9.329	15	CAF
W	75.	5076 F	SIEPRATH Caroline	41	BEL		78	31:57	<b>32:11</b>	+12:58	6:26	9.318	40	VEF
	76.	5005 F	VAN DEN DRIESSCHE Maaïke	25	BEL		73	31:43	<b>32:12</b>	+12:59	6:26	9.314	12	SEF
W	77.	5113 F	LANCKRIET Dorien	46	BEL		75	31:55	<b>32:25</b>	+13:11	6:29	9.254	41	VEF
	78.	5014 F	CORTIER Chantal	53	BEL		74	31:50	<b>32:28</b>	+13:15	6:29	9.239	42	VEF
	79.	5112 F	VANDEROUGSTRAETE Sophie	32	BEL	MACHELSE AC	80	32:00	<b>32:30</b>	+13:17	6:30	9.230	13	SEF
	80.	5077 F	VAN DEN BERGHE Kelly	25	BEL	JC BRAKEL	79	31:59	<b>32:33</b>	+13:19	6:30	9.216	14	SEF
	81.	5066 F	VANDERSTOCKEN Martine	49	BEL	JCB BRAKEL	81	32:01	<b>32:34</b>	+13:21	6:30	9.210	43	VEF
	82.	5038 F	MC CULLOUGH Chantal	48	BEL		82	32:32	<b>32:51</b>	+13:37	6:34	9.132	44	VEF
W	83.	5043 F	BOUSSERY Odette	59	BEL		88	33:04	<b>33:08</b>	+13:55	6:37	9.053	45	VEF
	84.	5045 F	VANAUDENHAEGEN Viviane	56	BEL		83	32:38	<b>33:09</b>	+13:55	6:37	9.050	46	VEF
	85.	5082 F	VAN DORPE Noemie	29	BEL	MORTAGNECANICRO	87	33:02	<b>33:13</b>	+14:00	6:38	9.030	15	SEF
W	86.	5110 F	VANDAËLE Henriette	58	BEL	VAD-NA	84	32:51	<b>33:23</b>	+14:09	6:40	8.986	47	VEF
W	87.	5111 F	LEEUWERCK Caroline	27	BEL	TEMPO KOEKELARE	86	32:58	<b>33:31</b>	+14:18	6:42	8.947	16	SEF
W	88.	5031 F	DE WIT Alida	57	BEL		85	32:54	<b>33:34</b>	+14:21	6:42	8.936	48	VEF
W	89.	1040 F	LAMBRECHT Lieve	41	BEL		90	33:21	<b>33:38</b>	+14:25	6:43	8.916	49	VEF
W	90.	5107 F	VAN PRAET Kathleen	45	BEL		89	33:06	<b>33:45</b>	+14:32	6:45	8.888	50	VEF
	91.	5026 F	JACOBS Mieke	57	BEL		91	34:06	<b>34:15</b>	+15:02	6:51	8.758	51	VEF
	92.	5050 F	VAN STAPP Christine	28	BEL		93	34:19	<b>34:19</b>	+15:06	6:51	8.740	17	SEF
W	93.	5060 F	VERBEKE Chiscaine	53	BEL		94	34:35	<b>34:38</b>	+15:25	6:55	8.661	52	VEF
	94.	5051 F	STABEL Carole	37	BEL		92	34:19	<b>34:41</b>	+15:28	6:56	8.648	53	VEF
	95.	5010 F	ADRIAENSENS Sarah	16	BEL	OLYMPIA LONDERZ	95	34:41	<b>34:53</b>	+15:40	6:58	8.599	10	JUF
	96.	5048 F	HEYMANS Jose	70	BEL		96	35:19	<b>35:55</b>	+16:42	7:11	8.351	54	VEF
	97.	5035 F	PEETERS An	35	BEL		98	35:47	<b>35:58</b>	+16:45	7:11	8.337	55	VEF
	98.	5028 F	DAEM Ruth	52	BEL		97	35:44	<b>36:00</b>	+16:47	7:12	8.330	56	VEF
	99.	5029 F	VERHEYDEN Greet	49	BEL		99	35:51	<b>36:30</b>	+17:17	7:18	8.216	57	VEF
	100.	5058 F	VAN HOLDERBEKE Danielle	55	BEL		100	36:21	<b>36:47</b>	+17:33	7:21	8.155	58	VEF
	101.	5046 F	VANAUDENHAEGEN Christiane	59	BEL		101	38:52	<b>39:24</b>	+20:11	7:52	7.612	59	VEF
	102.	5054 F	CHARLOT Dominique	48	FRA		102	39:33	<b>39:44</b>	+20:30	7:56	7.550	60	VEF
	103.	5030 F	BEULLENS Saskia	36	BEL		103	41:44	<b>42:24</b>	+23:11	8:28	7.074	61	VEF
DNF	5049 F	VANHASSEL Corinne	48	BEL			-	-	-	-	-	-	-	VEF

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