

FWC - Sirene Jogging

Carin Mens 5 km

Middelkerke, August 16th. 2009, BEL

Per categorie

CAH Manen - Cadet

	Pos	Nr	Name	Age	Team	Time	Gap	TKm	Avg	Scr
	W	1.	5634 VRANCKEN Arno	14	HCO	20:46		4:09	14.443	29
	W	2.	5554 SCHUYSMANS Hans	13	HCO	21:28	+0:42	4:17	13.966	36
		3.	5551 VAN HERCK Brent	9	ARAC	21:47	+1:01	4:21	13.766	38
		4.	5564 VONCK Klaas	14	EA	22:10	+1:24	4:26	13.526	44
		5.	5584 HOOYBERGHS Mats	11	ARAC	22:34	+1:47	4:30	13.293	48
	W	6.	5581 VANDENBOGAERDE Fabio	11	JOGGINGCLUB DEE	23:07	+2:21	4:37	12.974	56
		7.	5609 VAN DEN BRANDE Fenn	11	TRISPORT EPPING	23:27	+2:41	4:41	12.789	60
	W	8.	5580 VERMUSSCHE Maxime	12		23:28	+2:42	4:41	12.778	61
		9.	5590 HAEGEMAN Michiel	14		23:47	+3:01	4:45	12.608	65
	W	10.	5639 BOSSEE Jeroen	13		23:48	+3:01	4:45	12.604	66

JUH Manen - Junior

	Pos	Nr	Name	Age	Team	Time	Gap	TKm	Avg	Scr
		1.	5627 CORDIER Thomas	16		17:43		3:32	16.923	9
	W	2.	5510 VERSTRAETE Sander	15		18:19	+0:36	3:39	16.364	14
	W	3.	5506 VERCRUYCE Tyson	15	MACW	18:26	+0:43	3:41	16.265	16
	W	4.	5509 VERSTRAETE Nick	17		19:02	+1:19	3:48	15.750	18
		5.	5617 VANDE VELDE Thomas	15	KAAG	20:11	+2:28	4:02	14.852	25
		6.	5618 HUS Pieter	17	VABCO MOL	20:17	+2:34	4:03	14.780	26
	W	7.	5517 VERBANCK Thijs	16	HCO	20:23	+2:40	4:04	14.708	27
	W	8.	5628 VANDERSTEDE Simon	15		21:28	+3:44	4:17	13.972	35
		9.	5575 VERWERFT Steven	15		21:29	+3:45	4:17	13.958	37
		10.	5619 HUS Bart	16	VABCO MOL	22:01	+4:18	4:24	13.618	40

SEH Manen - Senior

	Pos	Nr	Name	Age	Team	Time	Gap	TKm	Avg	Scr
		1.	5638 ALAYA Mohamed	30		16:02		3:12	18.707	1
	W	2.	5514 DUJARDYN Pedro	31	AZW	16:32	+0:30	3:18	18.136	2
	W	3.	5630 VANROOSE Pieter	21	MACW	17:16	+1:14	3:27	17.359	5
		4.	5626 SAMYN Geoffrey	28		17:31	+1:28	3:30	17.127	7
	W	5.	5624 DESPEGHEL Frederic	18	NLT	17:38	+1:36	3:31	17.010	8
		6.	5574 COUSIN Sebastien	28		17:59	+1:57	3:35	16.671	11
		7.	5633 GOOSSENS Alain	28	ACHL	18:11	+2:09	3:38	16.490	12
		8.	5566 DE GROOTE Mathias	19	ASVO	18:22	+2:20	3:40	16.324	15
	W	9.	5577 VAN LANCKER Dieter	20	AZW	19:44	+3:42	3:56	15.199	21
		10.	5611 BRAEM Geert	19	AC LEBBEKE	19:49	+3:47	3:57	15.131	22

VEH Manen - Veteran

	Pos	Nr	Name	Age	Team	Time	Gap	TKm	Avg	Scr
	W	1.	5516 BONTE Gino	40	AVR	16:44		3:20	17.928	3
	W	2.	5629 COUSSEMENT Wim	39	MACW	17:03	+0:19	3:24	17.592	4
		3.	5614 VAN RILLAER Stefaan	39	AVZK DEMARSIN	17:24	+0:40	3:28	17.238	6
	W	4.	5610 STEELANDT Philiep	52	AZW	17:49	+1:05	3:33	16.826	10
	W	5.	5644 HAMERS Peter	40	HERMES OOSTENDE	18:14	+1:30	3:38	16.441	13
		6.	5522 COLLINGWOOD Paul	36	ASKERN	18:28	+1:44	3:41	16.245	17
	W	7.	5596 NAERT Marc	51		19:23	+2:39	3:52	15.470	19
	W	8.	5648 VANHEULE Marc	37	TEMPO KOEKELARE	19:33	+2:49	3:54	15.334	20
	W	9.	5636 DELEU Peter	39	RTOM	19:54	+3:10	3:58	15.063	23
	W	10.	5513 DERINCK Alain	35		19:58	+3:14	3:59	15.018	24

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h