

Ster Jogging

Sint-Niklaas, 18 Octobre 2009, BEL

10 km

Uitslag

Pos	Nr	Name	Age	NOC	Team	Lap 1		Lap 2			Lap 3			Lap 4		Age Group					
						Pos	Time	Pos	Time	Cum	Pos	Time	Cum	Pos	Time	Official	Gap	TKm	Avg	Rang	Name
	1. 1264	MUTAI John	22	BEL	KENYA	1	7:18	1	7:27	1	1	7:42	1	2	7:51	30:31		3:03	19.659	1	SEH
	2. 1265	MBURE Stephen	19	BEL	KENYA	3	7:21	2	7:41	2	2	7:47	2	1	7:44	30:46	+0:15	3:04	19.495	2	SEH
	3. 1251	GIRMA Brhanu	21	ETH	VOLHARDING	4	7:25	4	7:58	3	3	8:00	3	3	7:54	31:28	+0:57	3:08	19.065	3	SEH
	4. 1238	GEENS Gunter	28	BEL	GEEL	5	7:30	3	7:56	4	4	8:01	4	4	8:01	31:40	+1:09	3:10	18.940	4	SEH
	5. 1253	HOUBEN Robby	27	BEL	VOLHARDING	6	7:31	5	8:01	5	7	8:09	5	7	8:13	32:05	+1:34	3:12	18.693	5	SEH
	6. 1242	REIGEL Hans	39	BEL	LAT	8	7:47	8	8:06	6	6	8:08	6	5	8:08	32:21	+1:49	3:14	18.547	1	MA1H
	7. 1318	VERBEECK Chris	50	BEL	VOLH	10	7:50	6	8:04	7	5	8:07	7	10	8:16	32:28	+1:57	3:14	18.473	1	MA2H
	8. 1254	BERTELS Jelle	24	BEL	BOKRIJKLOPERS	17	8:00	9	8:06	9	8	8:13	8	9	8:15	32:36	+2:05	3:15	18.401	6	SEH
W	9. 1322	VANDECASTEELE Steven	39	BEL	ABAV	12	7:50	7	8:04	8	9	8:14	9	11	8:18	32:38	+2:07	3:15	18.379	2	MA1H
	10. 1275	VAN GUYSE Jordi	26	BEL		11	7:50	10	8:08	10	13	8:29	10	6	8:09	32:47	+2:16	3:16	18.295	7	SEH
	11. 1324	VAN ASBROECK Luc	44	BEL	KAAG	13	7:51	12	8:21	12	10	8:24	11	13	8:20	33:08	+2:37	3:18	18.102	3	MA1H
	12. 1278	VERSCHOREN Bart	32	BEL	DUFF	18	8:04	14	8:28	14	12	8:26	14	8	8:15	33:14	+2:42	3:19	18.053	8	SEH
	13. 1235	VAN PUYVELDE Eddy	42	BEL	ACW	15	7:56	13	8:26	13	11	8:26	13	12	8:18	33:16	+2:45	3:19	18.032	4	MA1H
W	14. 1330	DE CALUWE Cedric	34	BEL	ABAV	14	7:51	11	8:13	11	14	8:36	12	20	8:47	33:39	+3:08	3:21	17.828	9	SEH
	15. 1226	LAUREYS Matthias	19	BEL	SPBO	9	7:49	17	8:32	15	17	8:41	15	15	8:32	33:45	+3:14	3:22	17.771	10	SEH
	16. 1338	NICQUE Dirk	46	BEL	ACW	22	8:20	15	8:28	16	16	8:39	17	17	8:40	34:07	+3:36	3:24	17.582	2	MA2H
W	17. 1308	RONDELÉE Filip	40	BEL	ABAV	19	8:05	18	8:33	17	15	8:37	16	18	8:42	34:09	+3:38	3:24	17.567	5	MA1H
	18. 1302	DE RYCKE Kristof	33	BEL	ACW	20	8:10	16	8:32	18	21	8:58	18	22	8:56	34:48	+4:17	3:28	17.238	11	SEH
	19. 1224	BRYNAERT Dirk	44	BEL	KLP	26	8:27	19	8:43	21	18	8:54	20	16	8:35	34:51	+4:19	3:29	17.215	6	MA1H
	20. 1335	FOUBERT Tom	32	BEL	ACW	20	8:10	27	9:01	20	27	9:08	22	14	8:26	34:56	+4:25	3:29	17.171	12	SEH
	21. 1307	VAN HOEY Olivier	22	BEL	ACW	16	7:57	21	8:52	19	22	8:59	19	26	9:03	35:03	+4:32	3:30	17.114	13	SEH
	22. 1249	VAN DEN BERGHE Kristof	33	BEL	LAT	25	8:27	20	8:43	22	19	8:54	21	24	9:02	35:18	+4:47	3:31	16.990	14	SEH
	23. 1298	PAUWELS Kris	39	BEL	VOLHARDING	24	8:27	22	8:52	24	20	8:58	23	27	9:05	35:36	+5:05	3:33	16.851	7	MA1H
	24. 1222	COPPENS Bart	29	BEL	WALO	29	8:40	23	8:56	26	23	9:05	24	19	8:46	35:40	+5:09	3:34	16.820	15	SEH
W	25. 1262	BOSSIER Eddy	45	BEL	ABAV	23	8:21	24	8:59	23	31	9:23	27	21	8:47	35:42	+5:11	3:34	16.804	3	MA2H
	26. 1270	VAN GUYSE Rudy	51	BEL		27	8:33	26	9:01	25	26	9:08	25	23	9:00	35:54	+5:22	3:35	16.712	4	MA2H
	27. 1334	DE GRANDE Christophe	37	BEL	ACW	30	8:44	28	9:04	27	24	9:05	26	29	9:08	36:02	+5:31	3:36	16.646	8	MA1H
	28. 1332	VAN WIELE Kris	42	BEL	VOLH	31	8:50	24	8:59	28	25	9:06	28	35	9:23	36:18	+5:47	3:37	16.522	9	MA1H
	29. 1243	BICKER Benny	37	BEL	ABES	32	8:50	29	9:05	29	28	9:16	29	32	9:11	36:23	+5:52	3:38	16.486	10	MA1H
	30. 1361	DHOLLANDER Maarten	35	BEL	WALO	28	8:38	30	9:07	30	49	9:50	32	25	9:03	36:53	+6:21	3:41	16.266	11	MA1H
	31. 1220	VERCAMMEN Yves	32	BEL	ACW	51	9:24	31	9:14	34	29	9:17	34	31	9:10	37:07	+6:36	3:42	16.162	16	SEH

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h

Ster Jogging

Sint-Niklaas, 18 Octobre 2009, BEL

10 km

Uitslag

Pos	Nr	Name	Age	NOC	Team	Lap 1		Lap 2			Lap 3			Lap 4		Official	Gap	TKm	Avg	Age Group		
						Pos	Time	Pos	Time	Cum	Pos	Time	Cum	Pos	Time					Rang	Name	
	32.	1216	VANHEE Marnix	51	BEL	ACW	35	8:56	33	9:17	33	30	9:18	33	40	9:29	37:19	+6:48	3:43	16.072	5	MA2H
	33.	1208	VAN HAVERE Robby	26	BEL	ACW	42	9:05	37	9:29	43	34	9:27	36	30	9:10	37:25	+6:54	3:44	16.033	17	SEH
	34.	1317	TEMPELS Jean	41	BEL	TACT	34	8:52	34	9:18	31	32	9:26	30	43	9:36	37:26	+6:54	3:44	16.028	12	MA1H
	35.	1314	F MULLE Sylvie	39	BEL	ACW	36	8:56	32	9:15	32	33	9:26	31	44	9:37	37:27	+6:55	3:44	16.021	1	MA1F
	36.	1205	DOBBELAER Dimitri	17	BEL	ACW	43	9:06	36	9:28	37	35	9:27	35	34	9:22	37:36	+7:05	3:45	15.954	18	SEH
	37.	1303	VERELST Karel	20	BEL	VOLH	37	8:57	42	9:34	35	46	9:43	40	36	9:26	37:52	+7:21	3:47	15.839	19	SEH
W	38.	1331	F THIENPONT Ria	34	BEL	AVMO	44	9:07	43	9:35	44	37	9:33	42	38	9:28	37:55	+7:24	3:47	15.818	1	SEF
	39.	1263	F TOROITICH Joan	23	BEL		38	9:04	39	9:29	40	41	9:39	41	41	9:32	37:58	+7:27	3:47	15.798	2	SEF
	40.	1203	VAN LOMBERGEN Bram	15	BEL	ACW	46	9:14	45	9:38	46	44	9:42	45	33	9:12	37:59	+7:28	3:47	15.793	20	SEH
	41.	1319	ALBERTIJN Michel	44	BEL	VOLH	48	9:18	35	9:28	38	39	9:39	38	42	9:36	38:02	+7:31	3:48	15.774	13	MA1H
	42.	1296	VAN GOETHEM Jelle	27	BEL		58	9:39	47	9:40	48	40	9:39	47	28	9:08	38:08	+7:36	3:48	15.734	21	SEH
	43.	1286	CAPPAERT Frederic	17	BEL	ACW	41	9:04	40	9:30	41	56	10:01	46	39	9:28	38:16	+7:45	3:49	15.674	22	SEH
	44.	1366	AUDENAERT Gino	40	BEL	HAMM	38	9:04	38	9:29	36	42	9:39	39	54	9:52	38:18	+7:47	3:49	15.664	14	MA1H
	45.	1315	MORTIER Filip	28	BEL	ACW	40	9:04	40	9:30	42	47	9:44	43	53	9:51	38:23	+7:52	3:50	15.626	23	SEH
	46.	1287	OST Marc	42	BEL	ACW	45	9:13	44	9:38	45	45	9:42	44	46	9:38	38:25	+7:54	3:50	15.617	15	MA1H
	47.	1352	MARIEN Filip	27	BEL	ABES	33	8:51	57	9:55	39	38	9:37	37	65	10:08	38:32	+8:01	3:51	15.569	24	SEH
	48.	1359	VAN DE WALLE Youri	41	BEL		59	9:40	47	9:40	49	43	9:41	49	51	9:46	38:48	+8:17	3:52	15.462	16	MA1H
	49.	1234	NICQUE Luc	45	BEL	VOLHARDING	73	10:11	49	9:41	58	36	9:30	50	37	9:27	38:49	+8:18	3:52	15.455	6	MA2H
	50.	1360	VAN RAMDONCK Filip	17	BEL	VOLH	49	9:18	52	9:47	47	52	9:55	48	58	9:58	38:58	+8:27	3:53	15.392	25	SEH
	51.	1211	FAEMS Filip	32	BEL	ACW	62	9:41	56	9:50	52	54	9:57	54	47	9:41	39:10	+8:39	3:55	15.314	26	SEH
	52.	1312	F LAUWAERT Nina	21	BEL	VOLH	56	9:38	50	9:45	56	50	9:50	53	50	9:45	39:14	+8:43	3:55	15.287	3	SEF
	53.	1283	DE WOLF David	35	BEL		53	9:27	55	9:50	50	55	9:58	55	52	9:47	39:16	+8:45	3:55	15.275	17	MA1H
	54.	1311	DIEU Edmond	57	BEL	ADD	57	9:39	51	9:46	57	51	9:54	58	48	9:44	39:18	+8:46	3:55	15.267	7	MA2H
	55.	1225	VAN ASSCHE Petrus	65	BEL	SPBO	55	9:37	46	9:40	55	48	9:49	51	60	9:58	39:21	+8:49	3:56	15.248	8	MA2H
	56.	1204	DOBBELAER Dieter	14	BEL	ACW	47	9:17	60	10:02	53	53	9:57	52	55	9:53	39:22	+8:51	3:56	15.237	27	SEH
	57.	1266	VERSCHUREN Marc	45	BEL	AVLO	50	9:19	59	9:59	51	58	10:01	56	57	9:57	39:30	+8:59	3:57	15.188	9	MA2H
W	58.	1310	VANDENWEGHE Juan	30	BEL	MACW	52	9:26	54	9:49	54	57	10:01	57	61	9:59	39:32	+9:01	3:57	15.173	28	SEH
	59.	1246	MAES Robby	38	BEL	VOLHARDING	68	9:55	53	9:49	60	61	10:07	60	62	10:06	40:15	+9:43	4:01	14.906	18	MA1H
	60.	1277	DE MAEYER Didier	23	BEL	WET	63	9:41	64	10:13	65	68	10:26	64	49	9:45	40:21	+9:50	4:02	14.865	29	SEH
	61.	1282	VLAMINCKX Fernand	54	BEL	SWIN	71	10:07	67	10:15	70	60	10:07	68	45	9:37	40:22	+9:50	4:02	14.863	10	MA2H
	62.	1294	SCHELKENS Chris	48	BEL	AC DENDENHAL	65	9:42	58	9:57	59	62	10:08	59	68	10:20	40:23	+9:52	4:02	14.853	11	MA2H

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Uitslag

Pos	Nr	Name	Age	NOC	Team	Lap 1		Lap 2			Lap 3			Lap 4		Age Group					
						Pos	Time	Pos	Time	Cum	Pos	Time	Cum	Pos	Time	Official	Gap	TKm	Avg	Rang	Name
63.	1280	CORNELIS Bart	35	BEL		66	9:43	65	10:13	66	69	10:26	65	58	9:58	40:34	+10:03	4:03	14.787	19	MA1H
64.	1256	CASTELIJN Rex	41	BEL		54	9:34	68	10:16	62	66	10:23	63	63	10:07	40:34	+10:03	4:03	14.786	20	MA1H
65.	1350	VAN LAERE Wim	35	BEL		61	9:40	62	10:10	63	63	10:21	62	64	10:08	40:35	+10:03	4:03	14.783	30	SEH
66.	1255	VAN CAMP Alfons	56	BEL	HAMM	59	9:40	61	10:09	61	64	10:21	61	66	10:13	40:38	+10:06	4:03	14.765	12	MA2H
67.	1209	VERLAECKT Dirk	52	BEL	ACW	72	10:07	69	10:16	71	59	10:06	67	56	9:56	40:40	+10:09	4:04	14.749	13	MA2H
68.	1210	F VAN LYSEBETTEN Helen	31	BEL	ACW	70	9:59	66	10:15	67	65	10:23	66	67	10:19	40:57	+10:26	4:05	14.649	4	SEF
69.	1321	F DE CLERCQ Nathalie	39	BEL	ASSA	69	9:59	70	10:21	69	67	10:24	70	69	10:22	41:19	+10:48	4:07	14.519	2	MA1F
70.	1304	GOVAERT David	38	BEL	AC WAASLAND	64	9:42	63	10:12	64	71	10:35	69	74	10:36	41:20	+10:49	4:08	14.511	21	MA1H
71.	1232	DE PRYCKER Kris	40	BEL		67	9:49	71	10:21	68	72	10:38	71	76	10:38	41:42	+11:11	4:10	14.386	22	MA1H
72.	1284	WAUTERS Herman	41	BEL	SWIN	80	10:34	77	10:55	78	74	10:48	75	70	10:23	42:58	+12:27	4:17	13.962	23	MA1H
73.	1273	VAN DE BULCKE Koen	42	BEL	ACW	75	10:20	74	10:53	74	78	10:56	73	75	10:38	43:06	+12:34	4:18	13.920	24	MA1H
74.	1313	VAN DER LINDEN Lars	22	BEL		83	10:35	72	10:51	76	76	10:55	76	73	10:34	43:14	+12:43	4:19	13.874	31	SEH
75.	1214	KELLENS Wim	25	BEL	ACW	74	10:14	77	10:55	72	82	11:03	73	81	10:48	43:16	+12:45	4:19	13.866	32	SEH
76.	1299	F VAN RAEMDONCK Veerle	18	BEL	VOLH	76	10:28	80	10:56	73	81	11:02	72	82	10:52	43:20	+12:48	4:20	13.846	5	SEF
77.	1305	BURM Hans	44	BEL	NA	88	10:45	89	11:04	86	77	10:55	81	72	10:33	43:35	+13:04	4:21	13.763	25	MA1H
78.	1267	F VOS San	42	BEL	ABES	82	10:35	79	10:56	79	75	10:54	77	85	11:00	43:41	+13:10	4:22	13.732	3	MA1F
79.	1328	DE PAUW Steven	37	BEL		86	10:39	87	11:02	85	85	11:04	82	78	10:41	43:44	+13:13	4:22	13.716	26	MA1H
80.	1259	F COPPENS Linda	49	BEL	VS	81	10:34	81	10:56	75	83	11:04	78	90	11:09	43:58	+13:27	4:23	13.643	1	MA2F
81.	1290	DE CONINCK Roger	46	BEL		78	10:33	83	10:57	77	83	11:04	79	93	11:11	44:01	+13:30	4:24	13.629	14	MA2H
82.	1237	GEERINCKX Hans	57	BEL		96	11:15	73	10:53	87	79	10:58	83	83	10:55	44:03	+13:31	4:24	13.620	15	MA2H
83.	1244	ABEEL Mario	36	BEL		98	11:18	82	10:56	94	73	10:47	86	76	10:38	44:04	+13:33	4:24	13.611	27	MA1H
84.	1268	VAN LOON Karel	44	BEL		87	10:39	86	11:01	84	80	11:00	80	91	11:09	44:08	+13:36	4:24	13.595	28	MA1H
85.	1320	F VAN DER REYSEN Machteld	45	BEL	SWIN	84	10:36	84	10:59	80	89	11:21	85	86	11:01	44:12	+13:40	4:25	13.574	4	MA1F
86.	1285	DE PAUW Francis	49	BEL	ACW	101	11:23	76	10:55	89	87	11:13	87	79	10:44	44:16	+13:45	4:25	13.550	16	MA2H
87.	1230	F VAN DAELE Cindy	35	BEL	VOLH	85	10:37	85	11:01	81	88	11:18	84	94	11:16	44:26	+13:55	4:26	13.499	6	SEF
88.	1358	STAS Peter	36	BEL		99	11:22	75	10:55	95	86	11:06	90	80	10:47	44:33	+14:01	4:27	13.467	29	MA1H
89.	1229	VAN EMELEN Kristof	40	BEL		93	10:51	91	11:06	88	90	11:21	89	84	10:59	44:35	+14:03	4:27	13.458	30	MA1H
90.	1309	DE BOCK Jean-Pierre	57	BEL	HAMM	94	11:08	92	11:12	90	91	11:25	91	88	11:05	44:52	+14:20	4:29	13.372	17	MA2H
91.	1363	VAN ACKER Johnny	29	BEL		90	10:50	93	11:12	91	92	11:25	92	89	11:08	44:54	+14:23	4:29	13.359	33	SEH
92.	1276	F DE MEYER Carolyn	40	BEL	ABES	79	10:33	88	11:02	83	98	11:40	88	101	11:35	45:09	+14:38	4:30	13.285	5	MA1F
93.	1292	VAN OVERLOOP Bram	23	BEL		105	11:30	114	12:05	108	70	10:31	95	86	11:01	45:23	+14:51	4:32	13.221	34	SEH

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						Pos	Time	Pos	Time	Cum	Pos	Time	Cum	Pos	Time					Rang	Name
94.	1240	THIJS Luc	49	BEL		92	10:51	94	11:17	92	95	11:34	93	98	11:32	45:32	+15:00	4:33	13.177	18	MA2H
95.	1233	DE RIDDER Steven	38	BEL	AC ZELE	91	10:51	95	11:20	93	97	11:38	94	97	11:29	45:35	+15:04	4:33	13.161	31	MA1H
96.	1272	MEESE Helmut	39	BEL	ACW	115	11:53	96	11:23	99	94	11:32	96	92	11:10	46:01	+15:29	4:36	13.039	32	MA1H
97.	1297	STROOBANTS Herman	45	BEL	BERTEM AC	106	11:33	97	11:26	100	93	11:30	97	100	11:33	46:23	+15:52	4:38	12.932	19	MA2H
98.	1207	VAN HAVERE Bo	49	BEL	ACW	95	11:11	100	11:36	97	101	11:53	98	108	11:53	46:50	+16:18	4:41	12.811	20	MA2H
99.	1293 F	VERBEECK Lisz	22	BEL	VOLHARDING	104	11:30	113	12:05	107	96	11:34	103	96	11:28	46:53	+16:22	4:41	12.795	7	SEF
100.	1357	HEBBINCKUYS Johan	47	BEL	WALO	100	11:23	99	11:36	101	99	11:46	99	106	11:46	46:54	+16:23	4:41	12.791	21	MA2H
101.	1349	DE CAUWER Hugo	55	BEL	ACW	108	11:38	103	11:47	106	100	11:50	106	95	11:28	47:04	+16:33	4:42	12.746	22	MA2H
102.	1213	DE RECHTER Daniel	53	BEL	ACW	97	11:16	110	12:00	98	111	12:15	105	99	11:33	47:04	+16:33	4:42	12.746	23	MA2H
103.	1362 F	VERBEIREN Katrien	29	BEL		103	11:29	98	11:33	103	107	12:05	104	102	11:42	47:09	+16:38	4:42	12.722	8	SEF
104.	1274	DEBMOUZ Pascale	43	BEL	ACW	111	11:42	101	11:42	104	103	11:59	101	107	11:53	47:17	+16:45	4:43	12.689	33	MA1H
105.	1218 F	ROGGEMAN Isabel	32	BEL	ACW	107	11:37	102	11:43	102	105	12:02	102	112	12:08	47:32	+17:01	4:45	12.619	9	SEF
106.	1353	DE COCK Patrick	43	BEL		120	11:57	105	11:53	109	102	11:57	108	104	11:44	47:33	+17:01	4:45	12.618	34	MA1H
107.	1337	DE LEEUW Jos	46	BEL	ABES	123	12:01	117	12:19	116	112	12:19	114	71	10:33	47:34	+17:03	4:45	12.612	24	MA2H
108.	1291	VRIESACKER Tom	31	BEL		77	10:31	108	11:57	96	118	12:38	100	119	12:22	47:43	+17:12	4:46	12.572	35	SEH
109.	1306	VAN HAEVERE Danny	43	BEL		109	11:39	106	11:55	110	104	12:00	109	110	11:58	47:50	+17:19	4:47	12.539	35	MA1H
110.	1348	IVENS Luc	51	BEL	ACW	113	11:44	107	11:57	112	106	12:04	110	109	11:56	48:00	+17:29	4:48	12.498	25	MA2H
111.	1201	VERCAUTEREN Ivan	37	BEL	ACW	102	11:24	104	11:49	105	108	12:08	107	121	12:25	48:06	+17:35	4:48	12.470	36	MA1H
112.	1325	VERLINDEN Yoeri	41	BEL		112	11:44	115	12:17	113	114	12:22	113	111	12:02	48:27	+17:56	4:50	12.383	37	MA1H
113.	1212 F	VAN DAMME Marijke	48	BEL	ACW	114	11:47	112	12:04	114	109	12:09	111	115	12:11	48:29	+17:58	4:50	12.373	2	MA2F
114.	1236	VANDEN BRANDEN Stijn	39	BEL		118	11:56	109	11:59	111	116	12:27	112	120	12:23	48:48	+18:16	4:52	12.295	38	MA1H
115.	1269 F	MICHIELS Simonne	60	BEL	ABES	133	12:38	111	12:01	122	110	12:12	116	105	11:46	48:58	+18:27	4:53	12.250	3	MA2F
116.	1247	HERWEGH Pascal	38	BEL	WALO	110	11:39	119	12:27	115	128	12:53	117	114	12:10	49:30	+18:59	4:57	12.118	39	MA1H
117.	1300	REYNS Ivan	43	BEL		130	12:33	122	12:31	127	115	12:26	123	103	11:42	49:31	+18:59	4:57	12.116	40	MA1H
118.	1323	DE RUDDER Tom	33	BEL		122	12:01	118	12:25	118	117	12:38	118	118	12:22	49:44	+19:13	4:58	12.061	36	SEH
119.	1344	TANGHE Geert	49	BEL	ABES	124	12:02	116	12:19	117	113	12:19	115	128	12:45	49:47	+19:15	4:58	12.052	26	MA2H
120.	1231 F	DE RYCKE Leen	41	BEL		117	11:55	123	12:34	119	120	12:40	120	117	12:21	49:49	+19:18	4:58	12.040	6	MA1F
121.	1295 F	HOFMANS Meirietd	55	BEL		121	11:59	120	12:27	120	119	12:38	119	127	12:40	50:08	+19:37	5:00	11.966	4	MA2F
122.	1261 F	HU Lili	30	BEL		127	12:22	121	12:30	125	121	12:42	124	113	12:09	50:08	+19:37	5:00	11.965	10	SEF
123.	1343 F	EYSSSEN Marleen	48	BEL	ABES	125	12:02	124	12:36	123	123	12:45	121	126	12:40	50:25	+19:54	5:02	11.897	5	MA2F
124.	1202	VAN HOVE Yvan	50	BEL	ACW	119	11:56	124	12:36	121	129	12:56	122	130	13:05	50:53	+20:22	5:05	11.789	27	MA2H

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h

Ster Jogging

Sint-Niklaas, 18 Octobre 2009, BEL

10 km

Uitslag

Pos	Nr	Name	Age	NOC	Team	Lap 1		Lap 2			Lap 3			Lap 4		Official	Gap	TKm	Avg	Age Group	
						Pos	Time	Pos	Time	Cum	Pos	Time	Cum	Pos	Time					Rang	Name
125.	1355	F ROMBAUT Anneke	49	BEL	KLP	129	12:25	132	13:02	130	125	12:50	127	124	12:34	51:15	+20:44	5:07	11.706	6	MA2F
126.	1356	VAN HOVE Antoine	62	BEL	KLP	135	12:44	134	13:05	129	124	12:49	126	125	12:35	51:15	+20:44	5:07	11.705	28	MA2H
127.	1257	BOLSENS Romain	54	BEL		139	12:49	128	12:46	131	127	12:51	129	122	12:33	51:23	+20:51	5:08	11.676	29	MA2H
128.	1248	VAN HIMST Jurgen	41	BEL	JOGGINGCLUB STE	138	12:49	129	12:46	132	126	12:50	130	123	12:34	51:23	+20:52	5:08	11.675	41	MA1H
129.	1289	VAN VLIERBERGHE Peter	47	BEL		128	12:23	126	12:40	124	130	13:08	125	132	13:13	51:25	+20:54	5:08	11.666	30	MA2H
130.	1227	F VAEREWYCK Veerle	48	BEL	SPBO	148	13:47	130	12:48	140	122	12:43	134	116	12:16	51:55	+21:24	5:11	11.556	7	MA2F
131.	1258	LANGHENDRIES Jacques	44	BEL		126	12:18	127	12:43	128	133	13:25	128	140	13:28	52:16	+21:45	5:13	11.477	42	MA1H
132.	1260	DE WITTE Tom	40	BEL		116	11:54	133	13:03	126	135	13:32	131	148	13:41	52:33	+22:02	5:15	11.414	43	MA1H
133.	1327	CANDAELE Jozef	70	BEL	ABES	132	12:36	135	13:10	133	132	13:20	133	131	13:13	52:42	+22:11	5:16	11.382	31	MA2H
134.	1336	ROMBOUTS Luc	52	BEL	ABES	131	12:36	135	13:10	134	131	13:20	132	134	13:14	52:43	+22:12	5:16	11.379	32	MA2H
W 135.	1223	KNOCKAERT Roger	76	BEL	BEHO	136	12:45	137	13:18	135	137	13:44	135	137	13:24	53:33	+23:01	5:21	11.204	33	MA2H
136.	1279	VAN GEEL Dave	32	BEL	ZWAT	134	12:42	138	13:21	136	139	13:45	136	141	13:30	53:43	+23:12	5:22	11.169	37	SEH
137.	1351	SNOECK Francis	45	BEL		141	13:05	141	13:35	139	138	13:45	137	138	13:24	53:51	+23:20	5:23	11.141	34	MA2H
138.	1228	ANDRIES Guido	62	BEL		137	12:48	139	13:29	137	143	13:47	139	139	13:28	53:56	+23:24	5:23	11.125	35	MA2H
139.	1347	VAN LANDEGHEM Peter	40	BEL		142	13:05	140	13:35	137	140	13:46	138	147	13:40	54:07	+23:36	5:24	11.084	44	MA1H
140.	1369	ROMBOUTS Frederik	33	BEL		153	14:33	131	12:55	142	134	13:30	140	143	13:33	54:33	+24:02	5:27	10.998	38	SEH
141.	1245	ABEEL Diego	34	BEL		149	13:49	147	13:50	147	136	13:44	146	129	13:00	54:49	+24:17	5:28	10.945	39	SEH
142.	1215	DE WILDE Paul	56	BEL	ACW	143	13:11	143	13:41	141	146	14:00	141	146	13:37	54:51	+24:19	5:29	10.938	36	MA2H
143.	1219	F DE WILDE Isabelle	34	BEL	ACW	151	14:08	148	13:56	149	142	13:46	148	133	13:13	55:05	+24:34	5:30	10.891	11	SEF
144.	1217	DE MEESTER Raf	24	BEL	ACW	150	14:08	149	13:56	150	140	13:46	147	135	13:17	55:08	+24:37	5:30	10.880	40	SEH
145.	1339	F FRANCKX Lieve	51	BEL	ABES	144	13:28	146	13:48	143	149	14:03	143	142	13:32	55:14	+24:43	5:31	10.860	8	MA2F
146.	1345	F VANHOOREN Anne-Marie	39	BEL	ABES	145	13:28	145	13:48	145	148	14:02	144	144	13:33	55:16	+24:44	5:31	10.856	7	MA1F
147.	1342	DIELEN Hugo	62	BEL	ABES	146	13:29	144	13:48	143	147	14:02	142	145	13:34	55:16	+24:45	5:31	10.855	37	MA2H
148.	1239	VALGAEREN Emiel	71	BEL		147	13:47	142	13:38	146	145	13:54	145	149	13:46	55:28	+24:57	5:32	10.815	38	MA2H
149.	1368	STAES	50	BEL		156	15:05	150	14:17	151	144	13:52	149	136	13:21	56:38	+26:07	5:39	10.592	39	MA2H
150.	1316	F DETHAL Marcelline	56	BEL	'T SWIN (ZWAT)	155	15:02	152	15:19	155	152	15:22	154	150	14:34	1:00:40	+30:09	6:04	9.889	9	MA2F
151.	1281	DE WAEL	29	BEL	ZWAT	140	12:54	151	14:46	148	155	16:44	150	154	16:03	1:00:51	+30:20	6:05	9.858	41	SEH
152.	1364	VERCAMMEN Nico	46	BEL	HAMM	158	15:07	155	15:25	153	150	15:08	151	151	15:18	1:00:59	+30:28	6:05	9.837	40	MA2H
153.	1365	F DE CAESTECKER Sabien	42	BEL	HAMM	154	14:41	154	15:25	154	151	15:08	152	152	15:19	1:01:01	+30:30	6:06	9.832	8	MA1F
154.	1288	F VAN BROECK Els	41	BEL		152	14:24	153	15:24	152	153	15:47	153	153	15:46	1:01:42	+31:11	6:10	9.724	9	MA1F
155.	1367	F HINNEMAN Trix	47	BEL		157	15:06	156	15:42	156	154	15:52	155	155	16:09	1:02:51	+32:20	6:17	9.545	10	MA2F

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h

