

# Sirene Jogging

Record Bank Mens  
Ten Miles

Middelkerke, August 22th. 2010, BEL

Per categorie

## SEH Manen - Senior

	Pos	Nr	Name	Age	Team	Time	Gap	TKm	Avg	Scr
	1.	6523	VAN STEENBRUGGE Francies	34	KAAGENT	52:26		3:15	18.409	1
	2.	6514	DE KETELAERE Peter	34	ASSA	55:03	+2:37	3:25	17.533	3
	3.	6506	NEWTON Simon	32	ASKERN DRC	57:50	+5:24	3:35	16.690	4
W	4.	6550	STOCKMAN Stefaan	33	LENTRIAC	1:01:36	+9:09	3:49	15.672	6
	5.	6590	VANKRUNKELSVEN Brecht	29	LOOISE	1:03:20	+10:53	3:56	15.242	12
	6.	6520	GÉRARD Claude	28		1:07:43	+15:16	4:12	14.256	19
W	7.	6593	RAMAKERS Kenneth	33	MIDLON	1:09:11	+16:45	4:18	13.951	23
	8.	6503	TORDOFF Phil	33	ASKERN DRC	1:09:42	+17:16	4:19	13.849	26
W	9.	6533	DEKNUDT Mario	33		1:10:29	+18:03	4:22	13.694	32
W	10.	6609	SANDERS Sammy	25		1:12:14	+19:47	4:29	13.364	40

## M35 Manen - 35-39 jaar

	Pos	Nr	Name	Age	Team	Time	Gap	TKm	Avg	Scr
W	1.	6613	DE CALUWE Cedric	35	ABAV	52:53		3:17	18.255	2
	2.	6601	KETELS Tommy	39	JC WARNETON	1:03:36	+10:43	3:57	15.179	13
W	3.	6519	BULTYNCK Frank	37	OCTOPUS	1:06:48	+13:55	4:09	14.449	17
W	4.	6615	VILLEZ Alexandre	36	JUST RUN	1:09:39	+16:46	4:19	13.861	25
W	5.	6556	VANDEVOORDE Kristof	38	GAVERTRIMMERS	1:15:36	+22:43	4:41	12.769	49
W	6.	6557	VANDEVOORDE Nico	36	GAVERTRIMMERS	1:16:45	+23:52	4:46	12.578	55
	7.	6576	RIMBAUT Geert	36	RIMBALOE BOYS	1:17:23	+24:30	4:48	12.473	60
	8.	6513	DE ROCKER Chris	39		1:18:26	+25:33	4:52	12.307	63
	9.	6620	VAN LAETHEM Wilfried	38		1:20:07	+27:14	4:58	12.049	72
	10.	6580	WARSON Patrick	39		1:22:24	+29:31	5:07	11.716	84

## M40 Manen - 40-44 jaar

	Pos	Nr	Name	Age	Team	Time	Gap	TKm	Avg	Scr
	1.	6573	JACQUEMYN Tony	43	RC GENT	1:02:25		3:52	15.463	7
	2.	6532	VIAENE Johan	41	NO LIMIT TAEM	1:02:31	+0:05	3:53	15.441	8
	3.	6597	DIERYCK Pascal	42		1:02:45	+0:20	3:54	15.381	9
	4.	6608	VANCAMPENHOUT Tom	43	VAC	1:03:07	+0:41	3:55	15.293	10
W	5.	6589	LUYCKX Gert	40		1:07:53	+5:27	4:13	14.221	20
	6.	6518	WILSON Simon	40		1:08:59	+6:33	4:17	13.992	22
	7.	6596	PHILIPPE Rudi	40		1:09:28	+7:02	4:19	13.896	24
	8.	6602	TITECA Christophe	44	JC WARNETON	1:10:04	+7:38	4:21	13.777	29
	9.	6625	ROTS Lieven	42	RCG GENT	1:10:08	+7:42	4:21	13.764	30
W	10.	6591	DE GROOTE Jurgen	40	PASAR LOMBARDSY	1:10:48	+8:22	4:24	13.634	34

## M45 Manen - 45-49 jaar

	Pos	Nr	Name	Age	Team	Time	Gap	TKm	Avg	Scr
W	1.	6548	LABAERE Martin	48		1:03:11		3:55	15.279	11
W	2.	6588	MIGNEAU Geert	47	LC GRISSLOKE	1:06:51	+3:40	4:09	14.440	18
	3.	6614	TEMMERMAN Patrick	45	KREKENLOPERS	1:10:00	+6:48	4:21	13.791	28
W	4.	6607	VAN OYEN Jan	48		1:10:26	+7:15	4:22	13.706	31
	5.	6539	CORDIER Pascal	46		1:10:37	+7:26	4:23	13.669	33
	6.	6570	VERWERFT Marc	45	AVI WILRIJK	1:11:37	+8:26	4:27	13.479	37
W	7.	6522	DEVREKER Guy	48		1:14:09	+10:58	4:36	13.017	46
	8.	6574	WUYTS Ludo	46	LANDENSE JOGGIN	1:15:38	+12:26	4:42	12.764	50
	9.	6551	SMET Marc	46		1:15:48	+12:37	4:42	12.734	51
	10.	6567	NEVEUX Stefan	49		1:16:28	+13:17	4:45	12.623	54

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## M50 Manen - 50-54 jaar

	Pos	Nr	Name	Age	Team	Time	Gap	TKm	Avg	Scr
W	1.	6575	VANHAECKE Filip	51	FLAC	<b>58:27</b>		3:38	16.513	5
	2.	6603	LEROY Bruno	50	JC WARNETON	<b>1:06:04</b>	+7:36	4:06	14.610	14
	3.	6502	VERHAEGHE Patrick	51	J C WARNETON	<b>1:08:35</b>	+10:07	4:15	14.076	21
	4.	6546	RUYMEN Michel	54		<b>1:11:26</b>	+12:58	4:26	13.513	36
W	5.	6585	ONGENAE Patrick	52		<b>1:19:50</b>	+21:23	4:57	12.091	71
	6.	6565	MOUTON Jacques	52		<b>1:21:03</b>	+22:35	5:02	11.910	76
W	7.	6564	BROECKAERT Johan	53	SODIBRUG	<b>1:22:10</b>	+23:42	5:06	11.749	82
W	8.	6584	DEMEESTER Jef	52		<b>1:24:59</b>	+26:32	5:16	11.358	92
	9.	6558	ELSKENS Frank	51		<b>1:26:33</b>	+28:05	5:22	11.153	97
W	10.	6572	GHYSENS Ronny	50		<b>1:27:00</b>	+28:32	5:24	11.095	98

## M55 Manen - 55-59 jaar

	Pos	Nr	Name	Age	Team	Time	Gap	TKm	Avg	Scr
W	1.	6517	NIJS Jean-Pierre	56	MACW	<b>1:06:18</b>		4:07	14.557	15
	2.	6510	HENDRIX Paul	55	B J C	<b>1:09:56</b>	+3:37	4:20	13.804	27
	3.	6598	VAN KOLLENBURG Ad	56	GM	<b>1:14:42</b>	+8:23	4:38	12.924	48
	4.	6554	VAN DEN HAUTE Tuur	57	FUN RUNNERS ERP	<b>1:18:03</b>	+11:44	4:51	12.366	61
	5.	6541	VOCAET Brian	56		<b>1:18:41</b>	+12:22	4:53	12.268	66
	6.	6509	LAUWEREYS Werner	56	WORLD RUNNERS	<b>1:19:37</b>	+13:18	4:56	12.124	69
W	7.	6544	VAL Gilles	55		<b>1:23:28</b>	+17:09	5:11	11.564	87

## M60 Manen - 60-64 jaar

	Pos	Nr	Name	Age	Team	Time	Gap	TKm	Avg	Scr
	1.	6606	DEJAEGERE Christiaan	61		<b>1:06:34</b>		4:08	14.499	16
	2.	6527	MICHELSEN Jef	63		<b>1:11:42</b>	+5:07	4:27	13.463	38
	3.	6547	COOLS Hugo	63		<b>1:13:36</b>	+7:01	4:34	13.114	44
	4.	6571	DE SMET Luc	62	JOGGINCLUB ZOME	<b>1:22:17</b>	+15:42	5:06	11.732	83
W	5.	6542	VLIEGHE Dominiek	60		<b>1:27:42</b>	+21:07	5:27	11.007	102
	6.	6531	DEPRINS Roland	63		<b>1:35:59</b>	+29:24	5:57	10.057	113

## M65 Manen - 65-69 jaar

	Pos	Nr	Name	Age	Team	Time	Gap	TKm	Avg	Scr
	1.	6505	WATTS Brian	67	ASKERN DRC	<b>1:15:53</b>		4:42	12.721	52
	2.	6512	HENDRICKX Louis	65		<b>1:19:23</b>	+3:30	4:56	12.160	68
W	3.	6581	GELDHOF Johnny	65		<b>1:20:25</b>	+4:31	4:59	12.005	73

## M70 Manen - 70-74 jaar

	Pos	Nr	Name	Age	Team	Time	Gap	TKm	Avg	Scr
	1.	6578	LESAGE Henri	71	VSDUNKERQUE	<b>1:16:21</b>		4:44	12.644	53
	2.	6579	REYNAERT Roger	73		<b>1:22:07</b>	+5:46	5:06	11.756	81
	3.	6530	SALMON Marcel	71	RCT TIENEN	<b>1:24:44</b>	+8:22	5:15	11.393	91
	4.	6504	JONES Bernard	70	ASKERN DRC	<b>1:29:28</b>	+13:07	5:33	10.790	105

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## M75 Manen - 75-79 jaar

	Pos	Nr	Name	Age	Team	Time	Gap	TKm	Avg	Scr
W	1.	6528	<b>KNOCKAERT Roger</b>	77	BEHO	<b>1:35:12</b>		5:55	10.141	112

## M80 Manen - 80-90 jaar

	Pos	Nr	Name	Age	Team	Time	Gap	TKm	Avg	Scr
	1.	6555	<b>DE SMAELS Rémi</b>	82		<b>2:13:19</b>		8:17	7.241	120

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h