

# Sirene Jogging

Lotto Mens 5 km

Middelkerke, August 22th. 2010, BEL

Uitslag

										Age Group		
Pos	Nr	Name	Age	NOC	Team	Official	Gap	TKm	Avg	Rang	Name	
	1.	5556	<b>VAN HECKE Koen</b>	29	BEL	KKS	<b>17:06</b>		3:25	17.536	1	SEH
W	2.	5559	<b>DESPEGHEL Frederic</b>	19	BEL	NO LIMIT TEAM	<b>17:25</b>	+0:18	3:29	17.220	2	SEH
	3.	5554	<b>DE WEVER Stef</b>	30	BEL		<b>17:41</b>	+0:34	3:32	16.964	3	SEH
W	4.	5515	<b>VERSTRAETE Sander</b>	16	BEL		<b>17:59</b>	+0:53	3:35	16.670	1	JUH
	5.	5529	<b>DE GROOTE Mathias</b>	20	BEL	ASVO	<b>18:12</b>	+1:05	3:38	16.479	4	SEH
	6.	5569	<b>GOOSSENS Andy</b>	29	BEL	ACHL	<b>18:42</b>	+1:36	3:44	16.031	5	SEH
W	7.	5533	<b>VAN LANCKER Dieter</b>	21	BEL	AZW	<b>19:42</b>	+2:35	3:56	15.226	6	SEH
W	8.	5546	<b>DEKEYSER Thomas</b>	13	BEL		<b>19:56</b>	+2:50	3:59	15.040	1	CAH
W	9.	5542	<b>VERDONCK Simon</b>	14	BEL	MACW	<b>20:07</b>	+3:01	4:01	14.902	2	CAH
W	10.	5503	<b>CAEN Laurens</b>	15	BEL		<b>20:16</b>	+3:09	4:03	14.802	2	JUH
	11.	5510	<b>VOUT Tony</b>	51	GBR	ASKERN DRC	<b>20:17</b>	+3:11	4:03	14.782	1	VEH
	12.	5545	<b>VONCK Klaas</b>	15	BEL	EA	<b>20:26</b>	+3:20	4:05	14.672	3	JUH
	13.	5574	<b>SWALUS Jozef</b>	53	BEL		<b>20:39</b>	+3:33	4:07	14.518	2	VEH
	14.	5563	<b>VANDERSANDEN Mathieu</b>	17	BEL		<b>21:25</b>	+4:18	4:17	14.005	4	JUH
	15.	5567	<b>BRUYLANDT Jean Jacques</b>	54	BEL		<b>21:28</b>	+4:22	4:17	13.965	3	VEH
	16.	5573	<b>BEEK Dennis</b>	37	BEL		<b>21:35</b>	+4:29	4:19	13.892	4	VEH
W	17.	5555	<b>PARMENTIER Luc</b>	59	BEL		<b>21:48</b>	+4:42	4:21	13.752	5	VEH
W	18.	5577	<b>DERAMOUDT Tom</b>	27	BEL	PASAR	<b>21:50</b>	+4:44	4:22	13.732	7	SEH
W	19.	5560	<b>VERSTRAETE Thijs</b>	11	BEL		<b>21:51</b>	+4:44	4:22	13.727	3	CAH
	20.	5519	<b>VANPEVENAEYGE Anthony</b>	11	BEL	-	<b>22:17</b>	+5:10	4:27	13.461	4	CAH
	21.	5557	<b>HOUTMAN Danny</b>	48	BEL	E AALST	<b>22:29</b>	+5:23	4:29	13.335	6	VEH
W	22.	5561	<b>VERSTRAETE Pieter</b>	13	BEL		<b>22:43</b>	+5:36	4:32	13.204	5	CAH
W	23.	5534	<b>GHYSELIEN Jonas</b>	17	BEL		<b>22:48</b>	+5:41	4:33	13.158	5	JUH
	24.	5576	<b>VERBIEST Louis</b>	65	BEL	ACKO	<b>22:57</b>	+5:50	4:35	13.069	7	VEH
	25.	5532	<b>BELLIS Bjorn</b>	30	BEL		<b>23:06</b>	+6:00	4:37	12.981	8	SEH
	26.	5541	<b>VAN THIELEN Jasper</b>	15	BEL	ACHL	<b>23:17</b>	+6:11	4:39	12.878	6	JUH
	27.	5520	<b>VANPEVENAEYGE Danny</b>	44	BEL	-	<b>23:19</b>	+6:12	4:39	12.863	8	VEH
	28.	5536	<b>BOELAERT Guido</b>	54	BEL		<b>23:27</b>	+6:21	4:41	12.789	9	VEH
	29.	5579	<b>BINON Mark</b>	42	BEL		<b>23:30</b>	+6:24	4:42	12.761	10	VEH
	30.	5528	<b>DE GROOTE Geert</b>	48	BEL	ASVO	<b>23:32</b>	+6:26	4:42	12.740	11	VEH
	31.	5564	<b>SCHQUEWE Romain</b>	14	BEL		<b>23:35</b>	+6:28	4:43	12.719	6	CAH
	32.	5505	<b>BRASPENNING Jan</b>	46	BEL		<b>23:46</b>	+6:39	4:45	12.619	12	VEH
W	33.	5543	<b>VERDONCK Geert</b>	49	BEL		<b>24:01</b>	+6:54	4:48	12.490	13	VEH
	34.	5551	<b>DIERICKS Stefan</b>	38	BEL		<b>24:13</b>	+7:06	4:50	12.385	14	VEH
	35.	5578	<b>LEMAIRE Herman</b>	56	BEL		<b>24:22</b>	+7:16	4:52	12.307	15	VEH
	36.	5509	<b>ELKIN Trevor</b>	59	GBR	ASKERN DRC (NON	<b>25:14</b>	+8:08	5:02	11.885	16	VEH
	37.	5562	<b>VANDENMOORTGATE Peter</b>	40	BEL		<b>25:21</b>	+8:15	5:04	11.830	17	VEH
	38.	5572	<b>VERMEIREN Guy</b>	48	BEL		<b>25:25</b>	+8:18	5:05	11.802	18	VEH
W	39.	5544	<b>ZWAENEPOEL Thomas</b>	14	BEL		<b>25:31</b>	+8:25	5:06	11.753	7	CAH
	40.	5531	<b>DE KNOP Laurent</b>	32	BEL	LEEUEWERIK	<b>25:34</b>	+8:28	5:06	11.728	9	SEH
	41.	5558	<b>VAN VOOREN Geert</b>	43	BEL		<b>25:49</b>	+8:43	5:09	11.615	19	VEH
	42.	5538	<b>VAN UYTHEM Davy</b>	38	BEL		<b>26:20</b>	+9:14	5:16	11.388	20	VEH
	43.	5565	<b>SCHOONIS Eric</b>	41	BEL		<b>26:54</b>	+9:47	5:22	11.151	21	VEH
	44.	5514	<b>DE BRUYCKER Eugeen</b>	60	BEL		<b>27:00</b>	+9:53	5:24	11.109	22	VEH
	45.	5535	<b>SANTENS Maarten</b>	16	BEL	KASTO	<b>27:00</b>	+9:54	5:24	11.106	7	JUH
	46.	5547	<b>MICHIELS Wendel</b>	12	BEL	ROBA	<b>27:05</b>	+9:59	5:25	11.072	8	CAH
	47.	5512	<b>OPSTAELE Wilfried</b>	58	BEL		<b>27:13</b>	+10:07	5:26	11.018	23	VEH
W	48.	5553	<b>LEFEVRE Niels</b>	11	BEL		<b>27:16</b>	+10:09	5:27	11.002	9	CAH
	49.	5511	<b>SCHEERLINCK Eddy</b>	63	BEL		<b>27:51</b>	+10:44	5:34	10.771	24	VEH
	50.	5522	<b>VERDEYEN Gunter</b>	36	BEL		<b>27:55</b>	+10:49	5:35	10.740	25	VEH
W	51.	5524	<b>GOES Jietse</b>	11	BEL		<b>28:09</b>	+11:03	5:37	10.652	10	CAH
	52.	5504	<b>VAN DEN BORRE Herman</b>	53	BEL	WORLD RUNNERS B	<b>28:23</b>	+11:16	5:40	10.569	26	VEH
W	53.	5552	<b>VAN ISEGHEM Francis</b>	42	BEL		<b>28:24</b>	+11:17	5:40	10.561	27	VEH
	54.	5506	<b>COLLINGWOOD Michael</b>	65	GBR	ASKERN DRC	<b>29:02</b>	+11:56	5:48	10.329	28	VEH
	55.	5548	<b>WIJNANT Albert</b>	64	BEL		<b>29:26</b>	+12:19	5:53	10.191	29	VEH
W	56.	5521	<b>LAMEIRE Bart</b>	37	BEL		<b>29:28</b>	+12:21	5:53	10.179	30	VEH
	57.	5549	<b>IACONO Jonas</b>	11	BEL		<b>29:30</b>	+12:23	5:54	10.167	11	CAH

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h

# Sirene Jogging

Lotto Mens 5 km

Middelkerke, August 22th. 2010, BEL

Uitslag

										Age Group		
Pos	Nr	Name	Age	NOC	Team	Official	Gap	TKm	Avg	Rang	Name	
	58.	5550	<b>HENDRICKX Quentin</b>	13	BEL		<b>29:32</b>	+12:25	5:54	10.157	12	CAH
	59.	5516	<b>CREGIS Felix</b>	77	BEL	RCT TIENEN	<b>29:34</b>	+12:28	5:54	10.141	31	VEH
	60.	5527	<b>TUYTELEERS Koen</b>	45	BEL	KRUISSHOUTEM JC	<b>29:39</b>	+12:33	5:55	10.115	32	VEH
	61.	5526	<b>MEERBERGEN Wout</b>	15	BEL		<b>29:41</b>	+12:35	5:56	10.104	8	JUH
W	62.	5539	<b>DECAN Chris</b>	36	BEL		<b>29:42</b>	+12:35	5:56	10.099	33	VEH
	63.	5525	<b>MEERBERGEN Johan</b>	42	BEL		<b>29:44</b>	+12:37	5:56	10.088	34	VEH
	64.	5530	<b>VAN SPEYBROUCK Thomas</b>	21	BEL		<b>29:50</b>	+12:44	5:58	10.053	10	SEH
W	65.	5568	<b>VRANCKEN Jean</b>	49	BEL		<b>29:58</b>	+12:52	5:59	10.007	35	VEH
	66.	5540	<b>FRANSSENS David</b>	12	BEL		<b>30:28</b>	+13:21	6:05	9.847	13	CAH
	67.	5523	<b>VERDEYEN Jean</b>	60	BEL		<b>30:30</b>	+13:24	6:06	9.833	36	VEH
	68.	5507	<b>TATE Barry</b>	57	GBR	ASKERN DRC	<b>30:35</b>	+13:28	6:07	9.809	37	VEH
	69.	5571	<b>GIELENS Willy</b>	65	BEL		<b>30:53</b>	+13:47	6:10	9.709	38	VEH
	70.	5575	<b>GHIJSSELS Roger</b>	63	BEL	JOGGINGCLUB OET	<b>31:23</b>	+14:17	6:16	9.554	39	VEH
	71.	5570	<b>DE SMEDT Stefaan</b>	39	BEL		<b>32:03</b>	+14:57	6:24	9.356	40	VEH
W	72.	5024	<b>LAGAE Marnix</b>	13	BEL	KKS KORTRIJK	<b>33:27</b>	+16:21	6:41	8.965	14	CAH
	73.	5517	<b>DIEU Jean-Claude</b>	61	BEL		<b>33:37</b>	+16:31	6:43	8.922	41	VEH
W	74.	5513	<b>WALLAYS Patrick</b>	53	BEL		<b>33:44</b>	+16:38	6:44	8.889	42	VEH
W	75.	5566	<b>DEGRANDE André</b>	75	BEL		<b>35:26</b>	+18:20	7:05	8.463	43	VEH
	76.	5502	<b>CROUGHS Ghislain</b>	66	BEL	JOGGING CLUB BI	<b>36:36</b>	+19:30	7:19	8.194	44	VEH

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h