

Sirene Jogging

Lotto Ladies 10 km

Middelkerke, August 22th. 2010, BEL

Per categorie

SEF Vrouwen - Senior

| | Pos | Nr | Name | Age | Team | Time | Gap | TKm | Avg | Scr |
|---|-----|------|----------------------------|-----|-----------------|--------------|--------|------|--------|-----|
| W | 1. | 1044 | F STEEN Valerie | 31 | | 38:39 | | 3:51 | 15.519 | 2 |
| | 2. | 1061 | F DE DEYNE Gwendolyn | 23 | | 40:30 | +1:50 | 4:03 | 14.813 | 4 |
| | 3. | 1043 | F MOX Kristien | 32 | DAC | 42:50 | +4:10 | 4:17 | 14.004 | 5 |
| W | 4. | 1006 | F TEERLINCK Jorina | 32 | | 44:29 | +5:49 | 4:26 | 13.485 | 7 |
| | 5. | 1007 | F MICHIELS Nathalie | 23 | NIET AANGESLOTE | 44:58 | +6:18 | 4:29 | 13.341 | 9 |
| W | 6. | 1033 | F DE BOECK Gina | 32 | | 49:09 | +10:29 | 4:54 | 12.207 | 15 |
| W | 7. | 1045 | F DRUON Deborah | 22 | | 50:09 | +11:29 | 5:00 | 11.961 | 16 |
| | 8. | 1009 | F VAN DEN DRIESSCHE Maaïke | 26 | | 54:32 | +15:52 | 5:27 | 11.002 | 25 |
| | 9. | 1050 | F PAEREWIJCK Jolien | 19 | | 56:47 | +18:07 | 5:40 | 10.565 | 31 |
| W | 10. | 1016 | F VEREECKE Freya | 23 | | 57:44 | +19:04 | 5:46 | 10.392 | 33 |

VEF Vrouwen - Veteran

| | Pos | Nr | Name | Age | Team | Time | Gap | TKm | Avg | Scr |
|---|-----|------|-----------------------|-----|-----------------|--------------|--------|------|--------|-----|
| W | 1. | 1051 | F DANNEELS Annemie | 48 | | 38:19 | | 3:49 | 15.653 | 1 |
| W | 2. | 1026 | F HERTVELDT Heidi | 35 | HERMES | 39:36 | +1:16 | 3:57 | 15.151 | 3 |
| W | 3. | 1040 | F PEETERS Chris | 46 | | 42:58 | +4:39 | 4:17 | 13.960 | 6 |
| W | 4. | 1011 | F LEYRE Erna | 47 | JC DE OLIFANT | 44:34 | +6:14 | 4:27 | 13.459 | 8 |
| | 5. | 1055 | F STEVENOOT Catherine | 50 | | 46:28 | +8:08 | 4:38 | 12.910 | 10 |
| | 6. | 1013 | F DE SMET Sarah | 37 | JOGPLUS / MUT20 | 46:33 | +8:14 | 4:39 | 12.885 | 11 |
| W | 7. | 1052 | F ERARD Caroline | 52 | | 46:47 | +8:27 | 4:40 | 12.823 | 12 |
| W | 8. | 1015 | F MAERTENS Veerle | 39 | IVAC | 48:43 | +10:23 | 4:52 | 12.315 | 13 |
| W | 9. | 1054 | F NOTE Carine | 35 | PASAR | 48:48 | +10:28 | 4:52 | 12.293 | 14 |
| W | 10. | 1060 | F SARLET Ann | 47 | | 50:10 | +11:50 | 5:01 | 11.957 | 17 |

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h